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GAME TIME

Bubble soccer took over Yonge-Dundas Square Thursday in anticipation of Sunday's Toronto FC home opener, but there's still much to do before the game. Story, metroSPORTS. LIZ BEDDALL/METRO

No stopping for churches

TRANSIT

Special Sunday signs must go, TTC argues

For close to a century, Toronto streetcars have made special stops in front of churches on Sundays, reflecting the city's historic Christian piety.

On June 7, those special stops will be shuttered, the TTC says — an attempt to rationalize service, but also an acknowledgement of Toronto's changing religious landscape.

"It's now 2015, and we don't have similar stops for temples or mosques or other places of worship in the city," said TTC spokesman Brad Ross. "It's just about ensuring there's some equity."

But Saint Nicholas Ukrainian Catholic Church, located on Queen St. near Trinity Bellwoods Park, says it needs to keep its stop for practical reasons, and is ready to fight for it.

The commission will begin mailing out announcement letters to the roughly 20 affected churches next week.

Toronto has 42 Sunday streetcar stops — most churches are served by two, going in either direction.

Often located between intersections, the distinctive yellow Sunday signs can slow down trams and muck up their schedules, Ross said.

TORSTAR NEWS SERVICE

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metro NEWS

Your essential daily news

Omar Khadr walks free in Edmonton, speaks publicly. **Canada**

WELLESLEY STREET

Divider removal alarms cyclists

Cyclists are up in arms after a concrete divider that separates the Wellesley Street cycle track from vehicles was removed earlier this week.

"We went out and checked it out and 20 metres of cycle track were just gone," Cycle Toronto director Jared Kolb said. "It was quite alarming."

The portion of the lane affected — on the north side near Bay Street — had been on the city's radar after residents at 24 Wellesley St. complained it was interfering with Wheel-Trans access, Kolb said.

But, he said, the cycling community was not consulted before the divider was removed. Kolb is concerned the city acted in haste without considering other options.

"What's the process here?" he asked. "Can I just call the city about the road in front of my house that doesn't have bike lanes and get a traffic lane removed so some cycle tracks can be put in?"

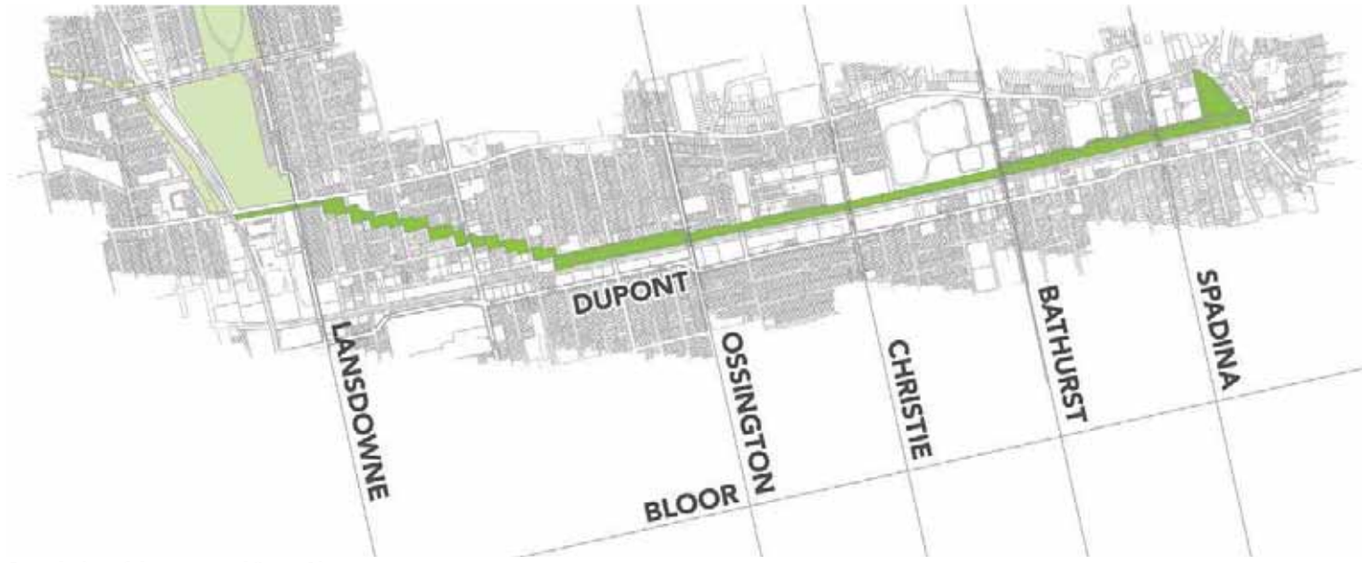
Toronto's cycling manager, Jacquelyn Hayward Gulati, said the city received numerous complaints about accessibility from residents in wheelchairs. Staff did a site visit with the affected residents and consulted with Wheel-Trans operators.

"We needed to remove a short section of curb so the that Wheel-Trans access could take place," Gulati said.

The city also looked at using an adjacent laneway as a Wheel-Trans access point, Gulati noted, but determined the lane was too narrow.

Gulati reiterated the section of track, minus the divider, is still zoned as a bike lane, and the adjacent vehicle lane will be narrowed so cyclists can ride around a Wheel-Trans vehicle without entering traffic. LUKE SIMCOE/METRO

> **We can't consult on every 20 metres in the network or we'd never get anything built.**
>
> Jacquelyn Hayward Gulati, Toronto's manager of cycling infrastructure



A rendering of the proposed Green Line. COURTESY WORKSHOP ARCHITECTURE

Architecture student Gabriel Wulf's vision of what a continuous multiuse path could look like. COURTESY GABRIEL WULF

It could even be used in winter, Wulf imagines, for cross-country skiing and other sports. COURTESY GABRIEL WULF

The Primrose Parkette is one of the nine existing city parks that are part of the Green Line plans. COURTESY MARK KASUMOVIC

This shows how Green Line bridges would be arranged to carry cyclists and pedestrians over underpasses. COURTESY WORKSHOP ARCHITECTURE

A ground-level rendering of a Green Line bridge. COURTESY WORKSHOP ARCHITECTURE

Group behind Green Line park aims for green light

CAMPAIGN

Non-profit seeking public, city support for 5-km path

Jessica Smith Cross
Metro | Toronto

A plan to create a five-kilometre-long park running through midtown Toronto is gathering steam.

The Park People, a local non-profit group, has launched a campaign to build political momentum and get Torontonians on board with making the so-called Green Line a reality.

"We want to show there is a groundswell of support to bring this idea to the city," said Jake Tobin Garrett, the group's manager of policy and research.

The Green Line is, essentially, a cycling, running and walking path that runs along the Dupont hydro corridor from Lansdowne Avenue to Spadina.

The land belongs to the provincial government and Hydro One leases it out for uses that don't interfere with the power lines — like parking lots and city parks, Tobin Garrett said.

The line would start by linking a chain of six parkettes from Earlscourt Park to Dovercourt Road.

"The challenge in that area is even though those parks exist, there are not great connections between," Tobin Garrett said. "There are some road crossings and disconnected pathways."

Improving crossings between the parkettes and adding a few new ones in areas that aren't already licensed to the city as parks would create a continuous trail, he said.

From Dovercourt, the hydro corridor runs in a straight shot west to Spadina, between the rail line north of Dupont and the CP rail line.

That space is currently a mix of green space and parking lots. It's broken up by the underpasses for seven main roads from Dovercourt to Spadina that dip under the tracks.

The plan is to build bridges that allow the path to continue over the roads so people can cross them without waiting for a break in traffic.

George Brown College, the Tarragon Theatre and the TTC all have parking lots in the east end of the hydro corridor that they need to keep using. There, the Green Line would continue through the lots.

Plans for the line have been in the works for three years since architect Helena Grdadolnik and her firm, Workshop Architecture, had a design competition to solicit ideas.

The next step is convincing city council to pay for a study that would outline options for creating the Green Line and get cost estimates, Tobin Garrett said.

"At the moment, city planning along the Green Line is done park by park by park," he said. "What we need is a plan that can co-ordinate all of the elements needed to make the Green Line a reality."

So far, many politicians including Mayor John Tory have expressed their support, but no money has been made available, Tobin Garrett said.

Photog fundraising for quake victims

NEPAL

Torontonian's exhibit is on display at Lens Work gallery

Gilbert Ngabo
Metro | Toronto

Photographer Len Van Bruggen is selling images he took during a trip to Nepal as a way to help earthquake victims. CONTRIBUTED

Len Van Bruggen was inspired when he visited Nepal eight years ago with his wife.

Now, the Toronto photographer wants to help people affected by the country's recent earthquake.

Throughout the month, he'll be reproducing and selling images he captured during that trip. Proceeds will go to Canadian Red Cross, to support relief work with earthquake victims.

"It was an unforgettable visit," Van Bruggen said about his six-week venture to the Himalayan mountains and other areas of Nepal. "It was just the general warmth of the people and nature. I felt very comfortable and relaxed in that country."

It pains him to think that most of what he liked about the country has now been shattered. The 7.9 magnitude earthquake that rocked the capital Kathmandu and surrounding areas on April 25 has claimed more than 8,000 lives and destroyed countless villages.

Most of Van Bruggen's work consists of street photography, depicting the country's culture and the lifestyle of the people who live there. There are also images of landscape and nature.

"Street photography is generally hard to sell," he said, noting people don't generally want to buy images of total strangers. "But I'm hoping this will be a little different because of the cause I am supporting."

Exhibits are on display at the Lens Work studio gallery (1600 Gerrard St. E.). Depending on the image size, prices range from $100 to $300 each.

IMAGES BY LEN VAN BRUGGEN

Monks Nepal. Monks at the Boudhanath Stupa doing their daily prayers and reflection. The image captures a candid moment of the general peace and calm one feels at the temple, Van Bruggen said.

Kathmandu Nepal. The crowded narrow streets of Kathmandu choked with cheap signage provide a visual explosion of colour, chaos and excitement.

Football Field Nepal. An improvised game of football needs to be shared with the grazing cows, one of the surprises the beautiful valleys of Nepal can provide, Van Bruggen said. "Not something we are used to seeing in the West: Nature and humans coexisting so closely."

Monkey Nepal. Monkeys in Nepal can be seen as both a scourge and nuisance, but not for Van Bruggen. "For me they are endlessly entertaining. Here I captured one in a human-like, candid pose."

Archaeologists discovered the remains of a 19th-century schooner at a condo development site. CITY OF TORONTO

CITY PLACE

200-year-old ship excavated

Luke Simcoe
Metro | Toronto

The remains of a 200-year-old sailing vessel have been discovered on the site of a condo development in Toronto's City Place neighbourhood.

Parts of a schooner, including the keel, were discovered Thursday by archaeologists conducting an assessment near the old Queen's Wharf site. Once part of Lake Ontario, the area was filled in by the Toronto Harbour Commission in 1917.

Coun. Joe Cressy told Metro that estimates date the ship back to as early as 1830.

"It could be the oldest boat we've ever discovered," he said.

Three other buried ships have been found along the waterfront, including ones beneath the Air Canada Centre and Rogers Centre, as well as a previous find at City Place, Cressy said.

"It's an interesting part of town," Cressy said. "Here you have a tower neighbourhood with condos going up, but only a couple of hundred metres underneath it you've got schooners."

Archaeologists found an American penny on board the most recent ship, suggesting it could have historical ties to the U.S.

Cressy said a full archaeological study will be conducted and the fate of the vessel will be worked out in co-operation with heritage authorities.

TEACHERS' STRIKE

Minister mulls legislation change

Ontario's elementary school teachers say they're acting within the law by waiting until Friday to tell parents whether there will be a full strike next week — and the education minister wants to look at changing the rules.

The Elementary Teachers' Federation of Ontario is planning a province-wide strike starting next week, but is refusing to confirm if that will be a complete withdrawal of services, which would close schools, or an administrative work-to-rule.

The Liberal government brought in legislation last year that separated bargaining into local and central talks, and also said employees must give five days' notice before striking.

Liz Sandals. TORSTAR NEWS SERVICE

Following the letter of the law, the ETFO provided notice Tuesday that some sort of strike will take place Monday, but Education Minister Liz Sandals urged the union to announce its plans as soon as possible, saying parents need to make alternate arrangements.

Sandals said she will "certainly" consider amending the legislation, during a planned review of the bill once the bargaining is finished, to specify that unions must divulge the type of strike they're planning.

THE CANADIAN PRESS

NEW CURRICULUM

Sex-ed through a Catholic lens

Jessica Smith Cross
Metro | Toronto

Catholic schools are gearing up to teach Ontario's controversial new sex-education curriculum through the lens of Catholicism.

The Institute for Catholic Education is overseeing implementation of what's being called the "family life" curriculum. That means teaching students about everything from gender identity to contraception in a way that lines up with faith.

"It presents human sexuality within a context that stresses both that it is a gift from God and that it carries with it also certain responsibilities in terms of how individuals conduct themselves," said Michael Pautler, the institute's executive director.

While the curriculum sets out specific expectations, it's filled with teacher prompts that don't necessarily have to be included in lessons, Pautler said.

Parents will be continually involved as the implementation is developed, he said. "In many instances, I think the upset and the concern expressed is based on misinformation," he said.

Updating the curriculum is, in general, a good thing, Pautler noted.

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Wish we were here: Postcard plea

REAL ESTATE

Newlyweds hand out cards after losing bidding wars

YOUNG COUPLE INTERESTED
IN BUYING A HOUSE IN
YOUR NEIGHBOURHOOD
We're Roxy and Allan.
We just got married and are looking for a home
in your area where we can start our family.
If you're interested in selling your home,
Please contact Allan and Roxy at

Allan and Roxy Fisch are handing out 1,000 postcards in an attempt to find a home to buy. AARON HARRIS/TORSTAR NEWS SERVICE

After 18 months of open houses, eight failed bidding wars and bully offers that left them feeling helpless, yet again, Allan and Roxy Fisch have gone postal in their quest to find a house where they can start a family.

In the last two weeks they've hand delivered 1,000 custom-crafted postcards in a handful of Toronto neighbourhoods.

"Young couple interested in buying a house in your neighbourhood," says the professional-looking marketing effort, which turns the tables on the usual real estate postcards promoting a home for sale.

Instead of a perfectly staged living room or pristine Victorian facade, their card features the couple's engagement photo and a desperate plea for help.

"We just got married and are looking for a home in your area where we can start our family. If you're interested in selling your home, we'd love to learn more."

The unusual effort is meant to put a face — two, in fact — on the enormity of the challenges facing young buyers in a market where sellers have all of the advantages thanks to demand that continues to far outstrip the number of houses listed for sale.

Total, or active, listings were down 10 per cent across the GTA in April, year over year, and have remained unusually low since the recession.

The couple — like all young buyers looking to break out of condos and into houses — know that every failed bid is costing them time and money, given that real estate prices were up a staggering 10 per cent in April over a year earlier.

"It's just become excruciatingly painful to go through this process, so we thought, let's go out and speak to people directly because we know the areas we want to buy in and it's not like we're looking for anything unreasonable," says Allan, who had friends help them deliver the cards in about six neighbourhoods, including Little Italy, Bathurst and St. Clair and long shot North Toronto.

> **We just got married and are looking for a home in your area where we can start our family. If you're interested in selling your home, we'd love to learn more.**
> Postcard from Allan and Roxy Fisch

The Fisches own a two-bedroom, 800-square foot condo downtown. Roxy, an urban planner by trade, is 31. Allan, an entrepreneur, is 40. They want a backyard without a killer commute.

Problem is, they are looking in what's become the most competitive price point in the city — $750,000 to $1 million.

"On weekends, we go see three or four houses in an afternoon and it seems like we're seeing the same people at every house," says Roxy. "It feels like everybody is looking at the same thing and it's just not worth it in the end."

The postcard has paid off, so far, in about a dozen phone calls and emails from strangers saying they may have or know of a house coming up for sale. One recipient posted it on Facebook.

"All of our offers have been at or over asking. We bid on one house where there were three or four offers. The seller rejected them all and put the house back up on the market for a lot more money a few days later," says Roxy.

It's become de rigueur for sellers to hold off considering offers for a week after the house is posted on the MLS for sale. But increasingly, those listings stipulate the seller has a right to accept pre-emptive offers, commonly called bully bids.

"Why set an offer date if you're going to accept pre-emptive offers?" Roxy asks in frustration.

In fact, even the Real Estate Council of Ontario is concerned about what it sees as increasingly unfair sales tactics that may be adding to the real estate frenzy — most notably, the growth of bully offers which, in some cases, give a seller just two hours to make a decision, making it virtually impossible for a realtor to alert other potential buyers as required by RECO rules.

The council is now reviewing how to tighten, or at least clarify, the rules of engagement for realtors, says Bruce Matthews, deputy registrar of regulatory compliance for RECO.

"This is no longer just a Toronto problem," said Matthews Thursday. "We're seeing bully bids in Ottawa, London and even Windsor now."

TORSTAR NEWS SERVICE

ART AND SOUP

Canstruction turning cans of food into soul food for a cause

Gilbert Ngabo
Metro | Toronto

Canstruction 2015, on view until Saturday at the TD Centre, consists of artworks made of cans that will be donated to the Daily Bread Food Bank. LIZ BEDDALL/METRO

The TD Towers in Toronto's financial district are full of cans.

About 20 teams of Toronto designers, architects and engineers have created a variety of sculptures using cans of food.

It's part of Canstruction, an effort aimed at fighting hunger and poverty that runs in over 150 cities around the world.

Toronto's event has brought in more than 70,000 pounds of food, to be donated to the Daily Bread Food Bank when the sculptures come down Sunday.

"It is really a fun way to draw attention to an important cause," said Kristine Morith, a transportation planner at BA Consulting Group Ltd.

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New work reflects 'bleak' beauty of subway: Artist

TRANSIT

Some riders not impressed by the new installations

The subterranean commute through Toronto's subway system can be a gloomy ride. Shoved into an underground tunnel, cut off from sunlight and crammed together with a few hundred other passengers, it's often downright miserable. And according to some amateur art critics, a new installation at Union Station isn't going to lift anyone's spirits.

"It looks tragic, for some reason. It's so depressing," said Kelly Moniz, who scanned the public art piece as she waited for a northbound train on the Yonge line. "I don't want to get out of bed and see that every day."

> **I don't want to get out of bed and see that every day.**
> Kelly Moniz, commuter

The huge installation, called zones of immersion, consists of a 500-metre screen of seven-foot-tall glass panels in alternating colours, erected between the newly renovated station's two glistening platforms. Its mastermind is Stuart Reid, a multi-disciplinary artist and OCADU environmental design professor who, in order to create the piece, spent hours riding the subway, sketching passengers and writing poems. He later enlarged his drawings and text and transferred them to the glass, which was painted and acid-etched.

While some of Reid's depictions of transit riders are amusing — on one playful panel a baby on his mother's lap can be seen picking its nose — many appear to take a much darker tone.

Julian Detlor, a personal trainer who lives near the station, found the images disturbing. "You know in a horror movie where there's always like the creepy kid's drawing? That's what it looks like," he said. "I don't know who thought that was a good idea."

The artist himself explains that his goal was to create an authentic reflection of what it's like to ride the subway, by capturing both its lighter and more melancholy moments. "It's a bleak world down there," Reid said in an interview.

"I wanted to make it beautiful in some way, but I didn't want to make it phoney beautiful."

Reid added that although his work has been installed, it won't be fully finished until the renovation of Union's platform is completed sometime in the coming weeks. He promised the piece will look more vibrant when it's properly lighted.

According to the TTC, Reid received $160,000 for "services and expenses" related to the work, while the cost of physically installing the mural was included as part of the $137-million station overhaul.

Depicting the darker side of the subway ride might seem like an odd choice for the TTC, which has made concerted attempts in recent years to rebrand itself as rider-friendly. TORSTAR NEWS SERVICE

Some transit users say the new public art installation at Union Station is depressing.
TORSTAR NEWS SERVICE

NOT MY TIME

Ford in music video

Spoiler alert: Former Toronto mayor Rob Ford appears, but only in the final six seconds of the music video Not My Time, a powerful anthem in the fight against cancer. The stars of the video are 11 local indie singers from Spectra Talent Contest, a multicultural and LGBTA-inclusive showcase, and a division of the Rainbow Association of Canadian Artists (RACA).

"I'd ask everyone to put their politics aside and stand behind the causes this song represents," Ford said in a prepared statement. Ford sings the line, "It's not my time" at the closing of the song, which he predicted will be a success.

"I'm hoping our song will become a much-needed anthem of hope," RACA executive director Ralph Hamelmann said in a prepared statement. He co-wrote the song with producer Mark Zubek of Zedd Records and Gemini Award winner Paul Bellini.

"Two years ago, my mother was diagnosed with cancer and given a 30 to 50 per cent chance of surviving," Hamelmann said. "Even though her surgery was extremely aggressive, she fought for her life and beat the odds."

"I wanted to write a song that would inspire others in her situation and put RACA's indie singers in the spotlight," he said. The song will be released June 22, but the official music video can be seen now at notmytime.ca.

The group pledges all revenues from digital recording sales will go to RACA and the Canadian Cancer Society.
TORSTAR NEWS SERVICE

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Signs guide public's eye to new projects

DEVELOPMENT

Redesigned notices foster community engagement

Luke Simcoe
Metro | Toronto

It's a sign of the times.

The sign in question — located at 250 Lawrence Ave. W., informing people of an impending condo project — is the first of the city's new development notices to be posted in the wild.

Unlike its predecessors, which featured large blocks of text and dull blueprints, the new sign has some flair: There's a colour rendering of the planned 11-storey building, a graphical summary of its impact on the neighbourhood and even a QR code for tech-savvy folks looking to give feedback.

"It's a great design and a huge improvement over the current signs," said community activist and artist Dave Meslin. "It's nice to see the city trying to communicate better."

Meslin has spent years lobbying the city to improve its signage and famously slammed the old development notices in a 2010 TED Talk.

"When you design something that poorly, it sends a message that you don't want people to know what's happening or get involved in the process," he said.

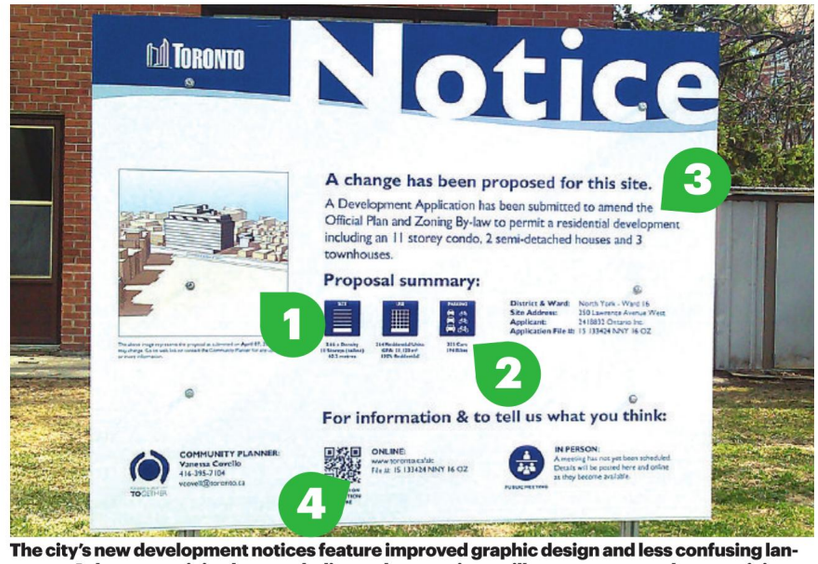
Meslin believes making municipal messaging less confusing and more eye-catching is the first step towards empowering people to pay attention.

"If we expect the average person to get involved, then the city's communication needs to be simple, accessible and friendly," he said.

Beyond the visual updates, Meslin hopes the city tones down its use of jargon on the new signs. The previous ones referred to the first two floors of a building as a "podium" and called patios "exterior amenities spaces."

"Instead of saying 'underground parking,' they say 'below grade.'" Meslin said. "I mean who says that?"

The city will be posting the new signs at various developments and seeking public feedback. The final design will be unveiled in 2016.


TORONTO
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A change has been proposed for this site.
A Development Application has been submitted to amend the Official Plan and Zoning By-law to permit a residential development including an 11 storey condo, 2 semi-detached houses and 3 townhouses.
Proposal summary:
For information & to tell us what you think:
COMMUNITY PLANNER:
ONLINE:
IN PERSON:
1
2
3
4

The city's new development notices feature improved graphic design and less confusing language. At least one civic observer believes the new signs will encourage people to participate in development consultations. COURTESY CITY OF TORONTO

1 WELCOME TO THE FUTURE

Where possible, the new signs will feature 3-D renderings of the proposed development rather than technical drawings or blueprints.

2 IMPACTS ON THE NEIGHBOURHOOD

The development's local impact will be summarized using icons that correspond to things like height, density and parking.

The city's current development notice signs have been criticized as visually boring and hard to understand.
COURTESY CITY OF TORONTO

3 STRAIGHT TO THE POINT

According to the city, the new signs favour simpler language that "should be more accessible to people with minimal English skills."

4 ENGAGING THE COMMUNITY

The signs also feature QR codes, which smartphone users can scan to be directed to the online feedback form for the proposed development.

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- How to have other people find you HOT DEALS!
- How to sell US properties lighting fast – when no one else can.
- How to access up to 95% in funding for your income property EVEN if you are deep in debt. And...
- How to earn big cheques even if you never sell your US investment!

Once you start using his system, the profits and passive income are amazing. It's simple to do, and it happens fast when you know his "insider" secrets. And you don't have to quit your job – but you may decide you want to!

- You don't need to open an expensive office.
- You don't need a real estate license
- You don't need to spend a lot of time to start
- You don't even need to travel to the US – but you may want to spend some time in the sun visiting your money-making properties!

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This Mystery Multi- Millionaire's system lets you get profit-generating properties – in major US tourist areas – for less than 5% down!

This event deserves your attention, and here are just a few more reasons why you need to attend:

- The plunging Canadian dollar makes for uncertain economic times...you need to take control of your life NOW.
  - — Average Canadian is $124,838 in debt with over $10,000 in credit card debt.
  - — Over 70% of Canadians believe they will have to work past the traditional retirement age.
- Sometimes it isn't what you know, it's who you know – and when you know this Multi-Millionaire you'll also have access to his network of people and funds that can help you succeed in real estate.
- You care about your family, and you want the best for them. This event will open your eyes to all you can really do for the people you love when you are finally the master of your financial success.
- His strategies are for everyone, even if you have absolutely no experience in buying or selling properties.

He has already shown hundreds of people just like you the ways to invest successfully in real estate – especially when the bottom is falling out of their home market – and his students' success just makes his success even greater. He's breaking his back to share his system because it works – and it can work for you.

This will be the best 2 hours of your life, but you have to register to get your seat at this event. Let this Multi-Millionaire give you his step-by-step system for real estate success. Claim your seat now and get a bonus gift, your **Million Dollar Investor Tool Kit for FREE! (A $187.00 value!!)**

You're asking – who is this Multi- Millionaire, and why does he want to help me? He can tell you himself...

If you're working hard these days without enough to show for it, I understand. I used to work hard myself – the 18-hour days – the 7-day weeks. I was a struggling musician – a concert pianist – trying to provide for my 4 kids in Montreal. I got married at 18 and had those 4 kids by the time I was 23, and I wound up a stay-at-home dad (not by choice!). But I never made real money until I discovered the secrets of investing successfully in US real estate – and then I was able to work a lot less.

Once my friends saw how well I was doing, they all wanted to get involved. It's funny – for 6 long struggling years, I had no friends, I was the crazy "black sheep" of the family who always needed to get a REAL job, and suddenly, they were all asking ME for advice!

I'm a Canadian, just like you, and a national expert in the field of easily acquiring income generating properties in the United States, and a Multi-Millionaire as well – and now I want to help you out of the rat race forever!

"I will make more money this year than I have made over the last five years. After attending this free training, I've found 7 properties thats a total of 14 doors tht will give me $8,000 per month after expenses."
— Dianan D., Ottawa, ON

"I failed at Real Estate by myself, but with this amazing multi-millionaire's help I'm closing on 6 properties and I will have a net cash flow of over $6,000 per month."
— Steeve R., Montreal, QC

I was able to acquire two properties in Florida with ZERO down payment. These two properties generate over $20,000 annually in passive income...these properties also have a total of $130,000 in equity in the fastest growing market in America. I was able to do this by following the step by step system and I acquired it within weeks of attending the live training! — Kirpal B.

"I bought my first house for $170,000 and now it's up for sale for over $220,000. I will make almost $50,000 when it closess."
— Lana, Montreal, QC

"The support here is remarkable."
— Julian and David

"These guys are deal-oriented!"
— Cliff

You'll learn things you won't learn in any other seminar"
— Angelica

"He is the real deal!"
— Stephen

"Don't even have a second thought about it... this is phenomenal training. You need to come find out for yourself." — Alejandra

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Khadr asks for public trust

'GUANTANAMO'S CHILD'

Freed prisoner speaks to the public after his release on bail

Omar Khadr, right, walks out of court Thursday with his lawyer Dennis Edney in Edmonton.
HANDOUT/THE CANADIAN PRESS

After spending more than a decade in prison, Omar Khadr says he'll show Canadians — and Prime Minister Stephen Harper — that he's worthy of their trust.

Speaking publicly for the first time since his release on bail, the former Guantanamo Bay inmate thanked Canadians on Thursday for giving him a chance.

"I will prove to them that I'm more than what they thought of me, I'll prove to them that I'm a good person," he said outside his lawyer's home.

"Give me a chance, see who I am as a person not as a name, and then they can make their own judgment after that."

With a few words, an Alberta justice on Thursday paved the way for Khadr to get his first taste of freedom in almost 13 years.

Appeal Court Justice Myra Bielby rejected the government's last-ditch attempt to block his bail. The government, she said, had failed to prove his release would cause serious harm to Canadian interests or pose a risk to the public.

"Mr. Khadr, you're free to go," Bielby said Thursday.

Khadr's longtime lawyer Dennis Edney walked over to his client and whispered, "We done it." Edney's wife, Patricia sobbed uncontrollably for a few minutes, then hugged and kissed her husband.

Outside court, an emotional Edney said the day had been a long time coming as he talked about his client's ordeal since the Americans captured him grievously wounded in Afghanistan in July 2002, when he was 15 years old.

The government, which has consistently branded Khadr an unrepentant terrorist and said it would fight his release every step of the way, expressed disappointment.

As paperwork was prepared for Khadr's release, which comes with a list of restrictions including wearing a tracking bracelet and a curfew, an emotional Edney stepped outside to denounce a federal government under Prime Minister Stephen Harper for showing no mercy.

Khadr, who had no immediate comment, pleaded guilty in October 2010 before a widely discredited military commission to five war crimes — including murder in the death of a U.S. special forces soldier. In exchange, the commission handed him a further eight-year sentence.

Dubbed "Guantanamo's Child," he was the youngest inmate and lone westerner left in the naval prison at the time. He remains the only person convicted of murder for the battlefield death of an American soldier in Afghanistan.

Khadr returned to Canada from Guantanamo Bay, where he had been held for a decade, in 2012 under an international transfer treaty, and later said he had only pleaded guilty to get out of the prison. THE CANADIAN PRESS

SUPPORT

Professors helped with education

For the last 12 years, in between interrogation sessions and working in prison factories, Omar Khadr has been trying to learn beyond his Grade 8 education.

Khadr, now 28, has always known the day would come when he would finally leave prison and have to adjust to everyday life. While governments, circumstance and his parents, each in their own way, have failed Khadr, strangers have stepped into the void to help educate him.

Nine Alberta university professors, most of them from The King's University in suburban Edmonton, have spent years visiting Khadr in prison, and tutoring him. Since Khadr was transferred to Alberta in May 2013, the professors have worked with him at least once a week.

There are those who offer Khadr a schooling of another kind — not in books but in the benefits of socializing. Seven women from various countries even started the online campaign Free Omar Khadr Now.

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Exit poll sees strong showing for Tories

U.K. ELECTION

About 50M registered to vote

British voters streamed to schools, churches and pubs Thursday for a say in their country's future, voting for lawmakers in an election expected to produce no clear victor and lead to days of frantic haggling for power.

Prime Minister David Cameron's Conservative Party fared much better than expected, an exit poll projected, suggesting it is within touching distance of forming a new government.

The opposition Labour Party of Ed Miliband took a beating, according to the poll, much of it due to the rise of the separatist Scottish National Party.

Cameron's coalition partner, the Liberal Democrat Party, was expected to lose most of its seats.

If no party wins outright, it may take days or weeks of negotiation to forge a workable government.

The carefully stage-managed campaign lacked impromptu drama. But television debate appearances in which the public put questions directly to the politicians made plain that many distrust promises to safeguard the economy, protect the National Health Service from severe cutbacks and control the number of migrants from the European Union.

Voters were making their voices heard all across this island nation of 64 million people. And signs of the unfolding political drama were abounded. The squares opposite Parliament were packed with temporary outdoor television studios, while commuters picked up newspapers urging voters to the polls. THE ASSOCIATED PRESS

UPDATES

The exit poll projected that the Conservatives would get 316 seats — up from 302 and far more than had been predicted — and Labour 239, down from 256. The Liberal Democrats would shrink from 56 seats to 10, while the Scottish nationalists would grow from six to 58, all but one of Scotland's seats.

LATEST RESULTS, METRONEWS.CA

U.K. Labour Party Parliamentary candidate for Aberavon, Stephen Kinnock stands with his wife, Prime Minister of Denmark Helle Thorning-Schmidt during the counting in Britain's election at Neath Sports Centre in Neath, Wales Thursday. JOE GIDDENS/THE ASSOCIATED PRESS

FRANCE

Court says phone-tapping of ex-president, lawyer was legal

The Paris appeals court ruled Thursday that investigating judges didn't break any laws when they tapped conversations between former President Nicolas Sarkozy and his lawyer, in connection with a probe into past campaign financing.

The decision Thursday is a new blow to the conservative opposition leader as he eyes a 2017 presidential bid, because it allows investigations to resume.

Sarkozy is under preliminary charges for active corruption and influence-peddling based on information gleaned from the phone taps. It's among several legal cases he has faced since losing the presidency to Francois Hollande in 2012 — but it's the case that has the greatest chances of seeing Sarkozy sent to trial.

Sarkozy and his lawyer Thierry Herzog had protested the phone taps, saying they breached lawyer-client privilege and that the investigating judges didn't get proper authorization.

But the appeals court ruled in favour of investigators, according to Herzog's lawyer, Paul-Albert Iweins. The court found that wiretapping on different phone lines used by Sarkozy under his own name and under the false identity of "Paul Bismuth" had been legally carried out, except for one minor phone line.

Lawyers said Sarkozy and Herzog would appeal to France's top court, the Cour de Cassation. "The fight for the confidentiality of communications between a lawyer and client is not just Thierry Herzog's fight, it is the fight of all lawyers," Iweins said. THE ASSOCIATED PRESS

OKLAHOMA FLASH FLOODS, TORNADOES DESTROY HOMES, INJURE AT LEAST 12 Yuki Fukui in his RV which was knocked onto its side during Wednesday's severe storms that tore through Oklahoma City. Gov. Mary Fallin has declared a state of emergency in 12 Oklahoma counties. Also hit were parts of Texas, Kansas and Nebraska. THE ASSOCIATED PRESS

Collecting phone records illegal: Court

UNITED STATES

Congress must balance privacy with security

The unprecedented and unwarranted bulk collection of Americans' phone records by the government is illegal because it wasn't authorized by Congress, a federal appeals court said Thursday as it asked legislators to decide how to balance national security and privacy interests.

The National Security Agency's collection and storage of U.S. landline calling records — times, dates and numbers but not content of the calls — was the most controversial program among many disclosed in 2013 by former NSA systems administrator Edward Snowden. Some NSA officials opposed the program, and independent evaluations have found it of limited value as a counterterrorism tool. Snowden remains exiled in Russia.

On Thursday, a three-judge panel of a Court of Appeals in Manhattan permitted the NSA to continue temporarily as it exists, but all but pleaded for Congress to better define where boundaries exist.

"In light of the asserted national security interests at stake, we deem it prudent to pause to allow an opportunity for debate in Congress that may (or may not) profoundly alter the legal landscape," said the opinion written by Judge Gerald Lynch.

A lower court judge in December tossed out an American Civil Liberties Union lawsuit, saying the program was a necessary extension to security taken after the 2001 terror attacks. THE ASSOCIATED PRESS

IN BRIEF

Steel spikes to be added to White House fence

The U.S. Secret Service is adding a second layer of steel spikes to the top of the White House fence to keep would-be intruders at bay, according to a proposal approved Thursday by the National Capitol Planning Commission. The steel pencil point spikes will be snapped into place at the top of the fence and protrude outward, according to a diagram included in the proposal by the Secret Service. THE ASSOCIATED PRESS

NUCLEAR TALKS

U.S. Senate passes bill on Iran deal

The U.S. Senate muscled its way into President Barack Obama's talks to curb Iran's nuclear program, overwhelmingly backing legislation Thursday that would let Congress review and possibly reject any final deal with Tehran.

The vote was 98-1 for the bipartisan bill that would give Congress a say on what could be a historic accord that the United States and five other nations are trying to finalize with Iran. Under the agreement, Iran would roll back its nuclear program in exchange for relief from crippling economy penalties.

The lone no vote came from Sen. Tom Cotton, a Republican who wants the administration to submit any agreement to the Senate as a treaty. That would require approval of two-thirds of the Senate. The House is expected to vote next week on the measure.

The talks resume next week in Vienna. THE ASSOCIATED PRESS

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Facebook's No. 2 in work-life crisis

CAREERS

Loss of partner raises question of how soon to return to work

Facebook COO Sheryl Sandberg with her late husband, David Goldberg, in this 2011 photo. Goldberg died while exercising at a Mexican vacation resort on Friday. THE ASSOCIATED PRESS FILE

What happened to Sheryl Sandberg could happen to anyone: the woman who wrote the book on balancing career and family will have to figure out how soon she will return to her high-profile job following the unexpected death of her husband.

In the book Lean In, the Facebook chief operating officer wrote that marriage is "the biggest career decision" a person can make and implored women who want to move up the corporate ladder to settle with someone who wants to do his share in the home.

Now, Sandberg faces the prospect of raising two young children and continuing in a high-flying tech career without David Goldberg, her husband of 11 years who she often credits with providing the support that was necessary for her to succeed both personally and professionally.

"Dave was my rock," Sandberg wrote in a Facebook tribute Tuesday after the funeral of David Goldberg, who died in a treadmill accident while vacationing in Mexico.

Sandberg has not made public her plans on returning to Facebook, but the decision she faces highlights a question that the average worker is not prepared to consider until a similar tragedy strikes: how soon is too soon to return to work after losing a partner, parent or child?

For those who can, experts recommend taking time off.

Karissa Thacker, a workplace psychologist who has consulted for companies such as Ford, UPS and Best Buy, said she thinks Sandberg will "certainly Lean In" and negotiate how much time she needs for herself during this difficult time. As the No. 2 executive at Facebook (one of the Top 20 best places to work in 2015, according to Glassdoor), she is in a position to do so. But other workers in less high-profile jobs may also be afforded more time.

Many workers find it difficult to jump back into the demands of their daily workload once they're back at the office. Experts suggest a slow return to work, even going part-time for a while, if possible. And they say everyone from the employers to the workers themselves should be flexible.

THE ASSOCIATED PRESS

FAST FOOD

McDonald's brings kale to Canada

Canadian McDonald's outlets are now serving up new salads featuring an unexpected ingredient from the struggling fast-food giant: Kale.

The world's biggest burger chain, in a battle to reinvent itself, introduced three salads in Canada on Thursday with trendy kale as an ingredient.

The nutrient-rich green has seen a surge in popularity in recent years as health-conscious consumers have eaten leafy kale in salads, smoothies and even baked as chips.

Chris Foong, an analyst with research firm Datassential, said in an email that the number of dining establishments in Canada with kale on the menu increased more than six-fold between 2010 and 2014, to nine per cent of all restaurants across the country.

The vegetable is even referenced in Beyonce's music video for last year's "7/11" single, in which the singer wears a sweater emblazoned with the word "Kale" while dancing on a hotel balcony.

McDonald's is introducing kale at precisely the right time as its moment of pop-culture relevance seems to be at its peak, said Armida Ascano of Toronto-based research firm Trend Hunter.

If the company had released kale options when the vegetable was only popular on food blogs and social media, she said, they would have run the risk of intimidating their existing customers for the sake of impressing those who already choose not to eat at McDonald's.

THE CANADIAN PRESS

IN BRIEF

Nintendo erases red ink

Nintendo reported a net profit of $350 million US for the fiscal year, a reversal from deep losses the previous year, as it reshapes its business with a long-delayed foray into smartphone games and plans to bring its video-game characters to theme parks. THE ASSOCIATED PRESS

market minute

DOLLAR 82.51¢ (-0.55¢)

TSX 15,088.82 (+64.93)

OIL $58.94 US (-$1.99)

GOLD $1,182.20 US (-$8.10)

NATURAL GAS: $2.734 US (-4.2¢)
DOW JONES: 17,924.06 (+82.08)

PROGRESS IS SHAPING UP WELL ON MANY PROJECTS AT THE TTC

ANDY BYFORD
CEO
TORONTO TRANSIT COMMISSION

This week, the TTC hosted a media tour of the Toronto-York Spadina Subway Extension (TYSSE) project to showcase the progress being made on this major addition to the region's transit infrastructure.

The TYSSE extends the existing Spadina line north from the current Downsview Station, through six new stations to Vaughan Metropolitan Centre in York Region. Although various challenges have resulted in the need to postpone the opening date until the end of 2017, good progress is being made.

Tunnels are complete, the rails are largely installed, and most of the stations are well advanced to the extent that the project is now 70 per cent complete. We are now turning our focus to the installation of the systems critical to subway operations, such as signals, power, communications, fire safety and ventilation.

One stop on the new line is located at York University. The new station sits in a spectacular position, right in the middle of the campus. I met with senior officials, including the university's president, earlier this week and heard first-hand just how important direct subway service to downtown Toronto is to the future development of the university.

Meanwhile, the refurbishment of Union Station is nearing completion and ready for unveiling to the public. The TTC is also in the final phase of construction of our new streetcar barn and connection track on Leslie Street.

When added to the planning work underway on Smart Track and the Scarborough subway extension projects, plus ongoing work with our colleagues at Metrolinx on the construction of the Eglinton Crosstown LRT, transit expansion and investment in infrastructure continues apace in our great city.

A LOOK AT THE SPADINA SUBWAY EXPANSION

This juncture is known as the Steeles crossover, located under the south end of the future bus terminal at Pioneer Village Station on the Toronto-York Spadina Subway Extension line. A crossover structure has tracks and switches that allow trains to cross from one track to another. Track work at this crossover is just about complete. For more information about the TYSSE project visit spadina.ttc.ca

PROOF OF PAYMENT — YOUR OFFICIAL RECEIPT

Proof of Payment – or POP – makes streetcar travel easier and more convenient, and is a receipt to prove you've paid your fare. To take advantage of POP and all-door boarding, you need to have a valid pass or transfer (obtained from an operator or next to all collector booths), validated TTC ticket, or validated receipt for PRESTO-card users. As POP expands to more routes - all 11 streetcar routes this year - it is important to be prepared. For more information on POP, check out our latest explainer video at youtube.com/OfficialTTCchannel or visit ttc.ca.

EMPLOYEE PROFILE

Name:	Position:	Years of Service:
Renata Kuzma	Foreperson - Shop Services, Duncan & Harvey Shops	31

TTC has given me great opportunities and I am blessed and very proud to come to work every day. I take a lot of pride in my job and I am part of a great team that works together.

Weekly Customer Service Report
Week ending May 6, 2015

	Actual %	Target %
Subway — Deliver a punctual service	97%	97%
Bus — Deliver reliable headway	61%	65%
Streetcar — Deliver reliable headway	67%	70%

WEEKEND LINE 1 CLOSURE — ST CLAIR WEST TO DOWNSVIEW

On Sat. May 9 and Sun. May 10, Line 1 will be closed from St Clair West to Downsview as the TTC replaces subway track ties, conducts work for the Automatic Train Control system, and installs subway track heaters. During the closure, replacement buses will operate, stopping at all affected stations. Glencairn Station will be closed, all others will remain open for fare sales and bus operations. Regular service will resume on Mon. May 11.

SPORTING LIFE 10K — EVENT ROUTES

This Sunday, from 8 a.m. to approximately noon, portions of Yonge Street will be closed for the Sporting Life 10K Run. During the closure, the following TTC bus and streetcar routes will divert: 6 Bay, 94 Wellesley, 97-320 Yonge, and 300 Bloor-Danforth, 501 Queen, 504 King, 505 Dundas, 506 Carlton, 512 St. Clair, 510 Spadina, and 511 Bathurst. For specific details, visit ttc.ca.

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metro VIEWS
Your essential daily news
WEEKEND, May 8-10, 2015

Happy face/Sad face

From **patient protests** to **vivacious veterans**, Metro weighs in on the newsmaking headlines

Noises cause more than feline fright

A study in the Journal of Feline Medicine and Surgery found certain sounds — especially crinkling tinfoil, but also jangling keys or the clink of a spoon — can cause seizures in elderly cats. The researchers suggested cats are hypersensitive to sounds in the same pitch as a rodent's squeal — though even some deaf cats have been reported to suffer from this strange syndrome.

BBC.COM

Peeved patient asks to be paid for wait

Time is money, and Leslie Ellins wants a refund for hers. She wrote a letter to a Peterborough, Ont. hospital demanding to be reimbursed after waiting an hour and a half for an injection. She enclosed a bill for $122.50 for her time. Ellins was irate that four patients were scheduled at the same time and said it was the last straw when the doctor and staff had the gall to take a lunch break while she waited.

THE CANADIAN PRESS

Veteran wages war on would-be attacker

A robber got more than he bargained for when he attacked 95-year-old Second World War veteran Arthur Kamberis in New Hampshire. Kamberis was leaving a pharmacy when a man approached and reached for his wallet. Kamberis gave the man several firm whacks with his cane before a passer-by came to his aid. The attacker fled. Kamberis wasn't hurt, and the Good Samaritan drove him home. Police are still searching for a suspect.

THE ASSOCIATED PRESS

Teen brings some sass to sex ed

The Internet was treated to some of the cheekiest answers ever on a sex-education quiz this week after a post on the photo-sharing site Imgur went viral. On the test, then-14-year-old Montrealer Mariah Fridman was asked to describe how to deal with a partner's objections to condoms. For "I don't have a condom with me," she suggested the comeback, "I don't have my vagina with me." For "Just this once; we hardly ever have sex," she quipped, "Now you know why."

BUZZFEED.COM

Avoiding touchy topics won't make them go away

THE KOHLER REPORT

Rebecca Kohler

Thousands of students across Ontario missed out on school this week when their parents kept them home in protest of the province's new sex-ed curriculum. The updated lesson plans touch on things (no pun intended) like gender identity, anal sex and the potential dangers of sexting. While these topics are new territory for some people, what got me giggling was certain parents' concerns over the fact that masturbation would be discussed with Grade 6 students.

In fact, there was a rumour circulating that teachers were actually going to demonstrate how to masturbate. I found this idea amusing, and then, as I started picturing some of my elementary-school teachers giving such a lesson, disturbing. Would they do it casually while leaning on their desk? Bring in a trundle bed for the occasion? I thought of one of my French teachers — I'll call her Madame LaTulipe — who was missing half of one finger. And then I realized I don't know how to say "masturbate" in French, despite having been in French immersion. (They seriously don't know how to teach French in this country.)

Later, I remembered how when I was a kid I didn't hold my pencil properly, and my teacher put a plastic triangle on it to correct my finger positioning. Would there be a plastic triangle for the kids who didn't masturbate properly? A penis triangle?

Weird imaginings aside, I do think it's important to talk about masturbation in school just in case kids feel weird about it, or if for some inexplicable reason they haven't yet discovered the best app the body has to offer.

And that's what a lot of the concerned parents are wary of: that the new curriculum will sexualize their children. But that's based on an age-old misconception. The truth is, children sexualize themselves — I mean, all the school supplies needed for this subject can be found in their pants.

Meanwhile, a Texas high school is in the news this week because it has been hit with a chlamydia outbreak, and guess what the school's sex-ed program teaches? Abstinence. They don't teach, "How to have sex and catch chlamydia." They teach nothing.

Perhaps parents should be more upset that, while there's so much to learn, schools are wasting precious time teaching kids something they already know. (Why not a lesson in, "How to breathe through your nose and/or mouth"?) But no — they kept their children home for fear their little innocents would go to school and learn how to masturbate.

I wonder how those kids passed the time all alone in their rooms.

The truth is, children sexualize themselves. All the school supplies for this subject are found in their pants.

Rebecca Kohler is a stand-up comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler

ROSEMARY WESTWOOD

metroview

Finding joy in every day: My mother's love is in the details

It's the week before Mother's Day, and I get a parcel in the mail.

I don't have kids.

I have a mum to whom Canada Post owes heartfelt gratitude for the money she continues to spend on postage. A mum with a talent for what I call "small-ities" — tiny gestures, short notes, little kindnesses.

This time the parcel consists of a hand-me-down book of poetry, a clipping from the Victoria Times-Colonist newspaper and a postcard bearing the image of an elephant, dressed as a scientist, gawking at the explosion he's just created.

"There's bound to be the odd explosion," mum writes in her larger, rounded script, responding to a recent conversation where I had some complaining to do about life.

Many people live in the anticipation, or the wake, of these explosions. Some, like my mum, live more in the joyous details of a day, and they make things nicer for the rest of us.

Each time she sends me mail — at least a monthly occurrence — I feel surprised, loved, comforted and guilty.

It's not just that I send comparatively few sweet notes and, in this case, have as yet put nothing in the mail for Mother's Day. It's that I'll never be as thoughtful as she is.

For every person she knows tangentially who has a new baby, there is a book. For every friend she walks dogs with, a birthday jar of jam. In the spring, she always left potted hyacinths in our bedrooms, and their perfume reminds me of the way she eschewed fancy pots and placed the plants, instead, on a random saucer.

Her gestures aren't expensive. They often come in reused wrapping paper. Sometimes she finds them washed up on the beach. They might be a batch of "everything cookies" —made of coconut, chocolate chips, raisins and oats.

If she had to make an effort to be this way, it would be exhausting. But this is no practice of mindfulness. No trick from a self-help book. She is like the little songbirds she loves so much, who go about eating seeds and darting between trees without over-thinking it.

The other morning, she was distracted while playing tennis by a large heron flying into a nearby tree to wrestle away dead branches for his nest.

"He must have been a good 20 or 30 minutes, the poor bird, trying to get twigs," she said.

Every time I manage to hear a bird chirp above the nattering in my own head, I'm reminded of her. Sometimes I even try to be more grateful for — and attentive to — the small kindnesses of life.

metro
Your essential daily news

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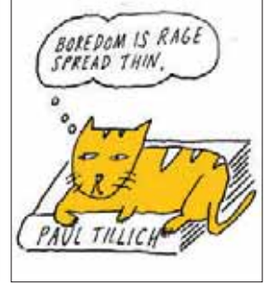

metro LIFE
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30
Your essential daily news

Research reveals 30 per cent of Tinder users are married and 12 per cent say they are in a relationship

Girls just wanna have fun, too

ANALYSIS

Hollywood has been slow to make female bonding fodder for comedy

IN FOCUS
Richard Crouse

This weekend Reese Witherspoon and Sofia Vergara play a by-the-book cop and the widow of a drug boss in the comedy Hot Pursuit. The unlikely duo hit the road, teaming up to outrun crooked cops and a murderous cartel. "Right now we can't trust anyone but each other," says Reese as they crack wise and dodge bullets.

It's a movie that follows in the long tradition of Hollywood buddy comedies.

There's an argument to be made that Abbott and Costello or Laurel and Hardy originated buddy comedies long before Jack Lemmon and Tony Curtis donned dresses and camped it up in 1959's Some Like It Hot.

For my money, however, the Billy Wilder film about two musicians who witness the St. Valentine's Day Massacre and flee the state disguised as women set the template for the modern buddy movie.

The basic formula is there — colliding personalities, gibes and comic conflict between the two actors — but more important than any of that is the chemistry between Lemmon and Curtis. Even though every buddy picture relies on tension between the leads, sparks also have to fly between them or the whole thing will fall flat.

Brett Ratner, director of Rush Hour 1, 2 and 3 — which paired Owen Wilson and Jackie Chan to great effect — calls interesting chemistry between actors "an explosion in a bottle" and says it's crucial to the success of any buddy pic.

Since Some Like It Hot, producers have paired up a laundry list of actors searching for the perfect mix. Lemmon and Walter Matthau were the journeymen of the genre, co-starring in six buddy pictures ranging from the sublime — The Odd Couple, which features the classic buddy picture one-liner, "I'm a neurotic nut, but you're crazy," — to the ridiculous — Grumpier Old Men.

The female buddy comedy is a more elusive beast. Recently Melissa McCarthy and Sandra Bullock teamed as a tough-talking street cop and uptight, lone wolf FBI agent to bring down a murderous drug dealer in The Heat. And in the 1980s, Bette Midler was the Queen of the form, pairing off with Shelley Long for Outrageous Fortune and with Lily Tomlin for Big Business in which both stars played dual roles, making it a buddy comedy times two. "Two's company. Four's a riot," read the movie tagline.

There are others, dating back to 1937's Stage Door, but there is no debating that Hollywood has been slow to feature female bonding as a subject of buddy movies. It's wild that there are two man-and-his-dog buddy movies — Turner and Hooch and K9 — but so few featuring women. Despite the box office success of several female buddy comedies, sequels have been as rare as hen's teeth. For instance, Vulture.com points out that of the dueling buddy comedies released on April 25, 2008 — Tina Fey and Amy Poehler's Baby Mama and Harold & Kumar Escape from Guantanamo Bay — Fey and company grossed $60 million, while Harold and friends made $38 million and yet the guys laughed all the way to another sequel while Baby Mama remains a one-off.

Hollywood is finally warming to the idea of female-driven comedies, so perhaps this weekend Witherspoon and the highest paid woman on television can generate enough dough to warrant another team-up.

In the movie biz, money usually speaks louder than anything, including gender.

DAMES ON DUTY
Turn the page to see how Metro would recast classic cop movies with female leads

Sofia Vergara and Reese Witherspoon star in Hot Pursuit, a female buddy comedy that opens this weekend. CONTRIBUTED

Now playing

COMEDY
Hot Pursuit
Director: Anne Fletcher
Starring: Reese Witherspoon, Sofia Vergara

In Hot Pursuit, an uptight and by-the-book cop (Reese Witherspoon) tries to protect the sexy and outgoing widow (Sofia Vergara) of a drug boss.

ROTTEN TOMATOES™ SCORE
Critics: 17% Audience: 91%

COMEDY
Adult Beginners
Director: Ross Katz
Starring: Rose Byrne, Nick Kroll

An entrepreneur crashes and burns. His life in disarray, he moves in with his sister and brother-in-law to become their manny.

ROTTEN TOMATOES™ SCORE
Critics: 45% Audience: 40%

DRAMA
Phoenix
Director: Christian Petzold
Starring: Nina Hoss, Nina Kunzendorf

June, 1945. Badly injured, her face destroyed, Auschwitz survivor Nelly sets out to find her husband, Johnny — the love of her life.

ROTTEN TOMATOES™ SCORE
Critics: 100% Audience: 96%

DOCUMENTARY
Going Clear: Scientology and the Prison of Belief
Director: Alex Gibney
Starring: Paul Haggis, Mark Rathbun

Going Clear profiles eight former Scientology members.

ROTTEN TOMATOES™ SCORE
Critics: 96% Audience: 92%

DOCUMENTARY
Lambert and Stamp
Director: James D. Cooper
Starring: Christopher Stamp, Roger Daltrey

Aspiring filmmakers Chris Stamp and Kit Lambert discover The Who.

ROTTEN TOMATOES™ SCORE
Critics: 91% Audience: 74%

DRAMA/HORROR
Maggie
Director: Henry Hobson
Starring: Arnold Schwarzenegger, Abigail Breslin

When a deadly zombie virus sweeps the nation, a father will stop at nothing to save his infected daughter.

ROTTEN TOMATOES™ SCORE
Critics: 56% Audience: 95%

Buddy cop classics recast with women

Chris Alexander
Metro | Canada

The science of the "buddy cop" movie formula is simple: Take a pair of mismatched lawmen (or a cop and a civilian roped into the action), make one the loose cannon, the other uptight and watch the ensuing fun.

The latest buddy cop flick to hit screens is the Reese Witherspoon/Sofia Vergara vehicle Hot Pursuit, and what makes it unusual is its gender-specific casting. But as 2013's comedy-action hit The Heat proved, the ladies can bumble around a crime scene with equally predictable, but nevertheless entertaining, results. So while we wait for the verdict on Hot Pursuit, Metro daydreamed about what it would be like if we could recast our favourite male-centric buddy cop flicks … with chicks.

Starsky & Hutch

A revival of the 1970s cop drama that starred David Soul and Paul Michael Glaser would go down easier with an estrogen-flipped casting of the scrappy and sexy **Emma Stone** and **Scarlett Johansson** in leather driving jackets. DO IT!

48 Hrs.

This Walter Hill-directed classic sees Eddie Murphy in his breakout role as a petty crook who hooks up with grizzled detective Nick Nolte to track down a ruthless drug dealer. As funny and caustic as Murphy was, imagine Pitch Perfect 2 star **Rebel Wilson** as the street-smart thug and Gone Girl's **Rosamund Pike** as an icy incarnation of the Nolte character. Wilson would bring the laughs and Pike would play straight-woman while giving her the stink eye.

Dragnet

The landmark TV show was originally a radio program, and later, a feature comedy film starring Tom Hanks and Dan Aykroyd. All incarnations featured blank-faced detective Joe Friday and his revolving door of partners solving crimes in L.A. For our money, we'd love to have Game of Thrones heavy **Lena Headey** star as humourless Jolene Friday and perhaps cast her against **Helena Bonham Carter** as her chain-smoking, hard-drinking partner.

Tango & Cash

Legendary and lunk-headed flick starring Sylvester Stallone and Kurt Russell as two wiseacre LAPD cops, framed by drug lords and sent to the slammer for life. Forget Sly and Kurt — wouldn't it be divine to see the two Grande Dames of contemporary cinema, **Helen Mirren** and **Meryl Streep**, as senior officers doing hard time in a women's prison while endlessly saying "FUBAR," instead?

Turner & Hooch

This was one of a handful of '80s flicks that featured an officer forced to share space with some class of canine. Tom Hanks' obsessive-compulsive detective teamed with a drooling dog with a nose for trouble. We'd gladly take the ever-watchable **Rose Byrne** as Turner and, in a brilliant bit of stunt casting, hook her up with **Kim Kardashian** in a fur coat as the uncouth Hooch. Whaddya think?

Jack Black takes everyone for a ride on the D Train

INTERVIEW

Latest film gives goofy actor a chance to get weird

At an East Village restaurant over dinner recently, after ordering mussels and selecting a white wine, Jack Black proffered a theatrical "Gratzi" to the waitress. He then leaned in expectantly, his gymnastic eyebrows raised, eagerly awaiting a response that didn't come.

"She didn't say prego," he said, slumping back into the booth, crestfallen.

Black was in town to promote his latest film, The D Train, a black comedy about a status-obsessed family man organizing his high school reunion.

A conversation with Black could have its own mixtape. The Beatles' Sexy Sadie and Die Antwoord are discussed; songs sung include the Rolling Stones' Torn and Frayed and Cat Stevens' Where Will the Children Play, which Black recently performed at a benefit. "Han Solo was there," he says, referring to Harrison Ford. "He came over. Single tear."

Black's wife is a cellist: "We do jam," he says.

In The D Train, Black plays perhaps his least likeable character. "A total turd," he calls him.

To lure the most popular guy (James Marsden) back to the reunion, he piles fiction on top of fiction until it leads to an already infamous bisexual encounter. The D Train could be the bromance to end all bromances.

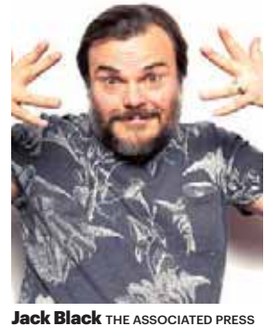
"I just hadn't seen it before," says Black. "I guess that's just it: I hadn't seen it before."

Of course, School of Rock remains the quintessential Black film. But films like The D Train and Bernie point toward a new direction.

"What I took away from it is: Stop caring so much about what people think of you," he says of The D Train. "I'm always stressing. Like: 'Oh God, I hope it's a hit. I hope people like me.' The stress comes from: If this doesn't go well, then maybe I don't work again. That never goes away."

Black discovers the waitress is Estonian. "I'm glad I cleared that up," he says. But later as he sips his after-dinner drink, he tries once more, and this time, he's finally rewarded. "She said prego."

THE ASSOCIATED PRESS



Jack Black THE ASSOCIATED PRESS

Normcore? Iris has never heard of it

INTERVIEW

Nonagenarian and star of new doc says great style takes a lot of work

Lucy Scholey
Metro | Ottawa

Wearing big, round glasses and layers of colourful bangles, Iris Apfel haggles for deals at thrift stores.

It's the recurring scene in the new documentary, Iris, about the now 93-year-old New York fashion icon. The film will be screened across Canada this month. The natty nonagenarian talked to Metro about her style.

What styles do you think will last until the end of time?
Style is a very personal thing. It has to be part of the person who is stylish. It's a huge mistake looking for some sort of universal style.

Any trends you're not big on?
I don't follow trends. I think they're foolish. The fashion press, they're very dictatorial: you must have this, this is in, this is out, the 10 things you have to have this season. You have to have the ability to choose what suits you if you want to look interesting and not just follow the herd.

Any advice on how one can discover an individual style?
You have to work at it. A lot of people don't want to do it. They want instant everything. You have to know who you are, what you can carry, how much time you're willing to put into it. It takes a long time.

Can you describe how your fashion sense has evolved?
I think my look has been pretty much the same forever. I mean, it's gotten a little more sophisticated, perhaps. But I don't think my style has changed.

What do you think of the latest "normcore" trend?
Normcore? What's that?

It's a fashion trend that's supposed to be undistinguished — sneakers and T-shirts. Apparently, it's in right now.
That doesn't make it style. Maybe it makes it fashion, but that's fine. I wear jeans.

What do you think of today's Instagram and YouTube style icons?
Technologically, I live in the 17th century and I don't do computer and I don't do Internet, so I really don't know. But I did a program for YouTube when I was in California and what I saw when I was there was a little bit frightening.

Iris Apfel is the subject of the new documentary Iris, documenting her life in fashion. © BRUCE WEBER

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Nick Kroll gets serious – sort of

NEW RELEASE

Adult Beginners lets comic take lead and show some emotion

Ned Ehrbar
Metro | Hollywood

He's made a name for himself on Kroll Show, Parks and Recreation and The League for off-the-wall, outlandish comedy characters, but Nick Kroll has something new in mind for Adult Beginners, a comedy — about a washed-up entrepreneur (Kroll) who crashes with his sister (Rose Byrne) after his life implodes — with a serious side.

Nick Kroll takes a shot at playing a big screen lead in Adult Beginners. LIZ BEDDALL/METRO

The thing that seems to catch people off-guard with this movie is how dramatic it actually becomes.

I feel like the original idea could've gone either way. You could go toward a big, sort of broad "it's the manny!" thing. But Vin Diesel in The Pacifier kind of ruined that for us. I pretty quickly knew that I wasn't interested in that kind of movie, and when I started talking to Mark Duplass about it — and the way he comes at the projects he makes — it just felt like this could be a really grounded, real story.

And then when we met with Liz Flahive and Jeff Cox, who wrote the script, who have a 3-year-old son and also just gave birth to a kid literally right before we started production, there's just so much to work with. I hope the movie's funny and I hope the movie's dramatic and works, but you didn't need to do a lot of legwork on either side to make it feel resonant.

Our feeling was don't push either, let everything happen as realistically as it can, and the drama will be there and the comedy will be there. Also, then, getting guys like Bobby Cannavale who as an actor is always going to play things real while also comedic, it made us try to approach the story as real to the relationships as possible.

Does having a TV background help?

Liz, who has been working on Nurse Jackie for a long time and is now running it, I think, was also a playwright. And Jeff, her husband — he and his brother wrote Blades of Glory, so you knew that you were playing with both. You knew that you had people who were really grounded and were also going to write funny stuff, funny details.

And the supporting cast in this has some prime comedy talent.

We luckily peppered it with talent. Obviously at the core it's me, Rose and Bobby and the changing alliances with all that. But then every scene is peppered with an all-star. We start with Joel (McHale), we come back to him and we get (Jason) Mantzoukas, we've got Josh Charles, Jane (Krakowski), Julie White, Celia Weston — every scene has this other element that comes in to ruffle feathers.

CANCON FUN

• You seem to love referencing Canadian culture. Do you remember the first time you visited this great land?

When I was a kid I went to summer camp in Maine so whenever we went on an excursion we'd cross over into Quebec. But I also remember my dad taking me to Toronto when I was young and going to the SkyDome. I also remember staring out our hotel window into other buildings specifically looking for people having sex.

LIZ BEDDALL/METRO TORONTO

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Cryptic Church of Scientology

GOING CLEAR

Doc sheds light on religion's dark side

Steve Gow
For Metro

Canadians Leonard Cohen, Gordon Lightfoot and Paul Haggis have all once been linked to Scientology. CONTRIBUTED/GETTY

What do Leonard Cohen, Gordon Lightfoot and Oscar-winning filmmaker Paul Haggis have in common? If you guessed they're all famous Canadians, you're right. But they have also been linked in the media to Scientology.

"You've one-upped me on that," laughed Mike Rinder during a recent interview to discuss his participation in the provocative new documentary Going Clear: Scientology and the Prison of Belief. As a former high-ranking executive of the Church of Scientology, Rinder may not have kept tally on the Canadian contingent of the Church's congregation, but he does understand why so many Scientologists are famous. "(Founder) L. Ron Hubbard realized that if you get celebrities involved, they will spread the word," said the 60-year-old defector.

"If you ask anybody on the street what (they) know about Scientology, probably the answer will be 'Well, I know Tom Cruise or John Travolta is one of them.'"

That is just one of the many curiosities raised about Scientology in Going Clear — a dramatic declaration about the cryptic billion-dollar church that hides dark secrets behind the walls of its slick Hollywood headquarters.

The film claims such misdeeds include physical abuse, threats of lawsuits, forcing family members to "disconnect" (sever lines of communication) and even blackmail.

"John (Travolta) has said himself that he thinks Scientology is wonderful and that it's treated him wonderfully. I believe that, in part, is true," said Rinder — before suggesting there may be a more fundamental cause for Travolta's blind loyalty.

"If he were to speak out, perhaps his wife would not agree and disconnect and maybe influence his children to do the same."

That "disconnection" is a tragic aspect of the church that's affected Rinder directly.

Since leaving Scientology abruptly in 2007, he has been "disconnected" entirely from his family — who remain Scientologists.

While that loss may fuel his "responsibility to do something" for others stuck in the Church, many Canadians will feel relieved Rinder's activism against the cult of Scientology lies mainly south of the border.

"I don't think its impact has made many in-roads in Canada at all. But I don't think that's any different than the United States," said Rinder.

He says that outside of the Church's two main hubs in Hollywood and Florida, Scientology has had little prominence, even as the organization continues to raise money and boast about its growth — which notably includes a recently constructed shrine in Cambridge, Ont.

"The Church tries to claim that this is evidence that there is this massive expansion that's occurring but if you were to take a drive over to Cambridge and walk in the front door, you will find a completely empty building," said Rinder. "They're like that all over the place."

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Not exactly like mom used to make

COOKING

Like Massimo Bottura, I tried a dish that defied tradition

THE TV DINNER
Jessica Allen

Every spring, the return of fresh produce is as dependable as celebrity-heavy superhero franchises steamrolling — preferably in CGI — into theatres. But last weekend, because I was more eager to see what the first greens of the season would be after such a long winter than figuring out who exactly Ultron is, I visited a farmers market instead of lining up for the latest Avengers. But I found only spring onions and green garlic.

I purchased a couple bunches of each from a man wearing an "I love Berlin" sweatshirt, whose long hair was held back by a pair of neon green sunglasses.

The same man suggested that I make a pesto out of the green garlic. I nodded enthusiastically, but on the inside I shuddered, imagining what my Italian friends would think. Yes, there are varieties of pesto. But one can never be too sure how Italians' adherence to culinary authenticity, which is both praise-worthy and paralyzing, will go over.

Take Italian chef Massimo Bottura, who dares to use traditional ingredients from Modena and completely reinterprets them. He and his three-Michelin-starred restaurant Osteria Francescana are profiled in the new six-part Netflix documentary series, Chef's Table.

Italian chef Massimo Bottura's restaurant is profiled in the new Netflix documentary series Chef's Table. Inspired by Bottura, Jessica Allen invented this pasta dish . NETFLIX ;JESSICA ALLEN

But the accolades for Bottura's inventive brand of cooking weren't immediate.

Italy is a country where if you asked anyone "where you can find the greatest food in the country, the answer is usually mom," says food writer Faith Willinger in the inaugural episode.

"In the first years of the restaurant, you never found anyone from Modena in the dining room," she says. "It wasn't what mom did."

Inspired by Bottura's bravery, I decided to invent a pasta. Okay, basically I made cacio e pepe — the simplest and most satisfying of pastas: think cheese, pepper and starchy pasta water — to which I added those wispy greens that I'd charred on the barbecue and some crispy pancetta.

It's the kind of dish I'd love to share with my mom, who loves to sample anything I make out-of-the-ordinary from her comestible repertoire when I visit her in London, Ont.

Her version of spaghetti, which I don't often pine for, contains ground beef, green peppers, garlic powder and a jar of ready-made Ragú. I almost forgot the mushrooms. Canned mushrooms.

On second thought — and even though I can't tell you the last time I bought a green pepper — I'd happily indulge in a plate of her pasta if it meant sharing it with her. Sometimes it's not the bread, but who you break it with.

JESSICA ALLEN IS THE DIGITAL CORRESPONDENT ON CTV'S THE SOCIAL

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Craft beers abound in Asheville

NORTH CAROLINA

Get your hop on at creative brew pubs in scenic region

Mike Dojc
For Metro

From the terrace of the Omni Grove Park Inn, patrons can drink in the same alfresco Blue Ridge mountain vistas that beguiled a stream of notable visitors over the past century, from inventor Thomas Edison and author F. Scott Fitzgerald to U.S. President Barack Obama.

In this Asheville, N.C., setting, it seems apropos to pair the soothing surroundings with an oatmeal porter from Highland, Asheville's first post-Prohibition brewery.

For a city of fewer than 100,000 people, in a region once known for illicit whiskey, Asheville is hopping with a veritable bounty of craft beers.

Twenty-one local breweries call the Western North Carolina mountain town home, and new operations are popping up all the time.

As Asheville's beer culture grows, even internationally known craft brewers, such as California's Sierra Nevada and Colorado's New Belgium, are getting in on the action.

It's hard to leave Asheville without gaining a profound passion for hops, tart saisons and winning and wild additives that run the gambit from lavender to jalapenos.

The Tasting Room at Highland brewery. HIGHLAND BREWING COMPANY

After sipping, slurping and knocking back flight after flight of draught on a four-day tour, here are some to try on your next Asheville beer-crawling adventure.

Thirsty Monk

Bar staff take imbibing religiously at the Monk's trio of Asheville brew pubs. Order a flight and they'll eagerly share their devotion, kindly jotting down aroma, appearance, and taste notes — a handy crib sheet even regulars appreciate, with taps constantly in flux.

"We never put the same keg on twice in a row. Every time a beer kicks we go put on something different. Last year we served 2,600 different beers," says Chall Gray, Thirsty Monk's vice-president of operations.

Knock one down: CocoNorm is a smooth, easy-to-drink porter made with Belgian yeast and toasted organic coconut.

Urban Orchard Cider

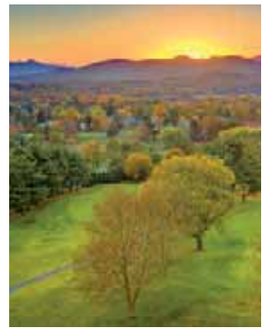
Using freshly pressed juice from orchards just down the highway in Hendersonville, this West Asheville cidery with a penchant for yeast experimentation uses a quartet of 300-gallon stainless steel fermentation tanks to crank out its artisanal hard ciders.

Knock one down: The Wit Cider is made with hand-crushed toasted coriander with orange juice and zest. "The only sweetness you'll taste is from the orange, the rest has been fermented out," explains Jeff Anderson, Urban Orchard's creative director. "You are left with a very crisp and refreshing cider, perfect for springtime — bone dry at 7.8 per cent."

Burial Beer

The taproom comes alive on Sundays for weekly jazz brunches where guests graze on New Orleans-inspired dishes and Wednesdays is hops + hoagies, featuring a cured green chorizo with spicy mayonnaise and green onions.

Knock one down: "We are constantly cranking out unique stuff," says Burial Beer co-owner Jessica Reiser. For example, the Garden of Earthly Delights Saison, a five per cent saison brewed with golden beets, hibiscus, aged cherries and local ginseng root.



The view from the Omni Grove Park Inn. CONTRIBUTED

Highland

A tribute to the Scots-Irish who first settled the area, the traditional styles of the British Isles influenced early Highland offerings. Over time, however, Asheville's first craft brewer has grown its flavour profile to include Belgian, German, and innovative American barrel-aged beers.

Knock one down: Cold Mountain, Highland's winter warmer goes on sale in mid-November. "It is not only a unique style, but also is a little bit different every year," explains Highland's founder Oscar Wong. "The beer contains two different base malts and seven specialty malts that do not change."

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Broadway-style shows climb aboard

DISNEY

Cruises ditch cheesy revues for stylish performances

Vawn Himmelsbach
For Metro

Entertainment on cruise ships is often associated with cheesy musical revues, bingo games and line dancing, but lately there's been a push to up the ante.

Disney Cruise Line, for example, has announced its newest stage show, Tangled: The Musical, which is being designed for an audience at sea. Slated to premiere Nov. 11 aboard the Disney Magic, this will be the first time the tale has been adapted for a stage production.

Tangled: The Musical (left) will premiere in November aboard the Disney Magic cruise ship, marking the first time the animated film has been adapted for the stage. DISNEY

Choreographer Connor Gallagher (above) is behind the production numbers. FRANKLIN WHITLACH

Original work

"Other cruise lines are doing Broadway-style shows, but ... we're creating original Broadway-style shows," said David Baldree, entertainment producer with Disney Cruise Line, during a sneak peek of the show at its rehearsal space in Toronto earlier this week.

Tangled: The Musical will feature three new songs created for the show by Academy Award-winning composer Alan Menken; costumes by Tony Award-winning designer Paloma Young; and a new breed of puppetry — for Maximus, the horse in Tangled — from master puppet designer Michael Curry, whose creations are best known from Disney's The Lion's King on Broadway.

"Because Disney has all these properties, we can create something from the ground up, which is a huge undertaking — workshops in L.A. and New York and casting in Chicago and London," said Gordon Greenberg, the show's director.

"It's a massive operation and, in the end, the payoff is you get something wholly original that you can't see anywhere else."

Developing a show for a cruise ship, as opposed to Broadway or London's West End, provides more creative licence, he added.

'A great playground'

"The biggest difference for me is we have these amazing hydraulics for which I'd have to lobby really long and hard (for) on land," said Greenberg. "It's a great playground."

Aside from fireworks at sea, deck parties and first-run feature films, Disney is also bringing Frozen to all four ships this summer, which will include a new production number in Disney Dreams.

Then in 2016, Disney will launch Star Wars Day at Sea, which will include meet-and-greets with Star Wars characters and even a Jedi training camp.

SHOWS AT SEA

On ships' schedules

• Royal Caribbean is inviting New York aboard with its Broadway at Sea program of Tony Award-winning shows, from Cats to Chicago The Musical, Saturday Night Fever and Mamma Mia!

• Norwegian Cruise Line is staging Broadway hits Burn The Floor and Priscilla Queen of the Desert (coming in October), as well as a British pop-music entertainment experience called The Cavern Club, which imitates the Liverpool venue where the Beatles performed.

VAWN HIMMELSBACH/FOR METRO

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G Adventures will take travellers to Belize. CONTRIBUTED

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The island of Curaçao boasts 35 beaches. CONTRIBUTED

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DOUG WALLACE

Hopewell Rocks in New Brunswick. CONTRIBUTED

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CALIFORNIA

Treats await mom in San Fran

Melita Kuburas
Metro

She may not want to face the ghosts of Alcatraz or bar hop on Polk Street, but mom will love a gift trip to San Francisco.

The city's cocktail culture, remarkable food scene, and dramatic beauty are the perfect setting bonding session with mom that will make your siblings jealous — and realize they need to step up their game on the gift front next Mother's Day.

TEA CRAWL

One of the world's most famous moms, Hillary Clinton, this week visited the Red Blossom Tea Company in San Francisco's historic Chinatown. The presidential candidate is not the only one who may want to sip some of the best oolong and green teas in the world while discussing the city's tech industry and housing crisis. After a day of hiking the city's hills you may want to caffeinate at Ten Ren Tea or Aroma Tea Shop — pick up a pack of your favourite, so every time you steep at home you'll remember the trip.

LUNCH SPOT

Fog Harbor Fish House at the famous Pier 39 has a brilliant view of the bay and, if the skies are clear, the Golden Gate Bridge. For the best blend of light, local flavours, the Dungeness crab mango with avocado ceviche is delicious. A seafood mixed grill or a Maine lobster stuffed with crab make for a perfect East-meets-West meal. For dessert, try a the tiramisu and finish off with a Manhattan cocktail. It's served with a giant ice cube maraschino cherry imported from Italy.

WATER AND WALKING

A boat trip is one of the best ways to take in the beauty and geography of the city. Take the Blue & Gold Fleet, which runs affordable tours that leave every hour. If you're both feeling adventurous, bike along the Bay towards the gorgeous garden that surrounds the Palace of Fine Arts. The homes along Marina Boulevard must be some of the most sought-after in the U.S. — glimpse through the floor-to-ceiling windows and discuss real-estate values, then bike back towards Ghirardelli Square.

Nature stars in Canada road trip

ON THE MOVE
Loren Christie

Relatively cheap gas prices at the pumps and a weak Canadian dollar make a road trip in Canada this summer's go-to vacation. From Trinity to Tofino, here are a few choice routes.

The drive from **Banff to Jasper** through two of Alberta's national parks along the stunning Icefields Parkway might be the best drive in the country. It offers an incredible mix of Rocky Mountain scenery and wildlife. On a recent trip I saw big horned sheep, more elk than anyone could count and a grizzly bear. Avoid the overwhelming urge to get out of the car to take a photo. It's a bad idea, these animals are wild. Favourite stops include the Peyto Lake overlook, lunch at the Fairmont Chateau Lake Louise and an excursion up onto the Athabasca Glacier aboard a Brewster Ice Explorer

Nova Scotia's **Cabot Trail** is a personal favourite. It offers stunning scenery, wildlife viewing (whales and moose) and the opportunity to touch the distinct Acadian and Scottish cultures that colour the history of the province. End your day with a fresh seafood meal and kick your heels up at a traditional Celtic party, known as a ceilidh.

The Cabot Trail.
FLICKR: ANDREA SCHAFFER

Route 132 in Quebec's Gaspé region offers a scenic shore-hugging drive through silver-steepled villages surrounded by mountains and serenaded by the sea. The route forms a loop of about 900 kilometres. As the seaway widens into the gulf, try some ferry-hopping to explore both coasts of the St. Lawrence River. Take a break from the car and hop aboard a zodiac for some of the country's best whale watching.

The world-renowned **Sea-to-Sky** highway from Vancouver to Whistler is a great start to a breathtaking British Columbia road trip. The trick is to keep going past Whistler on Highway 99 until you reach Ashcroft and then hook onto the Trans-Canada Highway back to Vancouver. This loop will take you past incredible river gorges and through the only desert in Canada. At the end of your trip, take a short diversion to Harrison Hot Spring for a soak in a natural hot spring.

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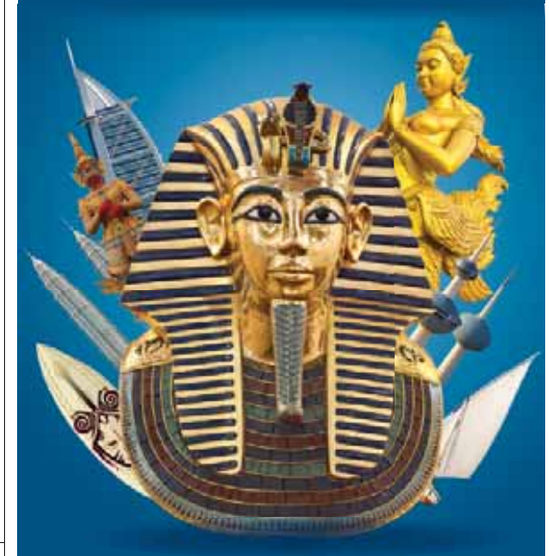

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No purchase necessary. Contest open 12:01 am on April 17, 2015 to 11:59pm on April 30, 2015 to legal residents of Toronto (ex QB) of age of majority in their province of residence at time of entry. There is one (1) prize to be awarded consisting of two (2) return airfare tickets from Toronto to Cairo . ARV $5000.00 CDN. Odds depend on number of eligible entries received. Internet, email address, and math skill testing question required. Rules and entry **www.clubmetro.com**

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Over $15 million worth of bread donated

Each day unsold bread is given to local charities

Corporate social responsibility isn't just a buzz-word to the owners of COBS Bread bakeries across Canada. To each bakery owner, it is a cornerstone of their business; it is a part of the everyday operations. Every bakery literally starts from scratch every morning, baking fresh bread. At the end of each day, all unsold bread is donated to local charities through the End of Day Giving program. Since COBS Bread opened their first bakery in 2003, over $15 million dollars worth of unsold bread has been donated to local charities.

Each bakery manager co-ordinates the bakery's own End of Day Giving schedule. In most cases, charities come to pick up leftover bread on the same day each week. Emily Mirsky is the franchise owner of COBS The Annex on Bloor Street who manages her End of Day Giving recipients.

"I am proud to say that we donate our leftover bread every night to charities in the community. I know that everyday someone less fortunate than me is able to enjoy our products, and that makes me smile."

I KNOW THAT EVERYDAY SOMEONE LESS FORTUNATE THAN ME IS ABLE TO ENJOY OUR PRODUCTS, AND THAT MAKES ME SMILE.

– Emily Mirsky, a franchise owner

COBS Bread is also a proud sponsor of Breakfast Club of Canada, a national organization dedicated to providing services and funding for school breakfast programs in communities across the country.

Many COBS Bread bakeries in Ontario also donate their end of day product to Breakfast Clubs in their respective communities, and as an organization the plan is for 100 per cent of bakeries to be contributing to these programs as needed.

For more information on COBS Bread's End of Day Giving programs and their commitment to their local communities, visit cobsbread.com/cobs-cares.

CONTRIBUTED

Mom's got a favourite 'flour'

"Mom, what is your favourite flower?"

"Whole wheat."

This isn't the kind of answer you would typically expect in response to this question, especially since Mother's Day is coming up ... but that all depends on the mom you ask. If you ask a mom who is also a bakery manager, like Oriana Villegas of COBS Michael Angelo's in Mississauga, this is the response you receive: "My favourite is the Whole Wheat Vienna with sesame seeds. A tuna salad sandwich with crunchy cucumbers on this delicious bread makes a great combination of omega-3s and fibre for my lunch."

COBS Bread whole wheat loaves are baked with 100 per cent whole grain flour, which is grown and milled in Alberta specifically for COBS Bread.

Key features of 100 per cent whole grain breads:

- Made with 100 per cent whole grain flour
- Good source of fibre
- No trans fats
- Low in saturated fat
- No added sugar, artificial colours or preservatives

Canada's Food Guide recommends that half of your grain product choices are whole grain each day. Including whole grains in a daily diet can lower triglycerides, improve insulin control and help you maintain a healthy weight, in addition to these benefits:

- Dietary fibre from whole grains helps reduce blood cholesterol levels and may lower risk of heart disease.
- Whole grains contain vitamins, minerals and phytochemicals which promote overall health and reduce our risk of developing serious disease.
- Fibre-containing foods such as whole grains help provide a feeling of fullness with fewer calories.

What better way to let mom know you love her by providing her with healthy bread? OK, there are a lot of good ways, including the traditional flowers.

"In case you really want to know, my favourite type of flowers are red roses," says Villegas.

CONTRIBUTED

16 COBS BAKERIES THROUGHOUT GTA

If you have ever walked past a COBS Bread bakery, you may have noticed yourself inhaling very deeply. The air there is rich with the aroma of freshly baked bread, rolls, buns, croissants, scones, and more.

There are 16 COBS Bread bakeries throughout the GTA from Burlington to downtown Toronto. It is part of COBS Bread's business model to start from scratch every single day, and at each of these bakeries you will find a dedicated team of bakers who are up way before the crack of dawn making sure you have freshly baked scones or croissants for your morning commute, and a delicious variety of rolls, buns and loaves for you to pick up on your way home.

COBS Bread's traditional loaves contain no added preservatives, colouring, sugar or dairy. All whole wheat loaves are made with whole grain flour and the authentic sourdough is made with a natural levain starter. The French baguettes are made using a traditional recipe and take over 16 hours to make. And the Turkish ... if you have never had a Turkish before, pick one up to dip into olive oil and vinegar this weekend. The variety of delicious bread that this bakery has to offer shouldn't be surprising, but given the diverse range each bakery offers, somehow it is.

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Victoria's Ryder Hesjedal leads the Cannondale-Garmin team into the Giro d'Italia

WEEKEND, May 8-10, 2015

Toronto FC gets 'real' for 2015

A construction worker tends to the extension of the East Stand at BMO Field on Thursday. CHRIS YOUNG/THE CANADIAN PRESS

MLSE boss Tim Leiweke offered his help as BMO Field renovations continued Thursday ahead of Toronto FC's Sunday evening home opener. CHRIS YOUNG/THE CANADIAN PRESS

MLS

Workers rally around Leiweke at BMO Field as opener looms

Clad in hard hat and an orange reflective waistcoat, Tim Leiweke works his way down a glass wall to reach up and remove lines of masking tape.

He does so unasked.

The president and CEO of Maple Leaf Sports & Entertainment is pitching in to ensure that newly renovated BMO Field is ready for Toronto FC on Sunday.

The new-look lakefront stadium is Leiweke's baby and he wears his pride on his dusty sleeve.

There is plenty to do ahead of the long-awaited home opener. Hundreds of workers are labouring around the clock. Mobile cranes are attached to the outside like a scene from War of the Worlds and paving crews toil in the heat.

Inside the pitch looks beautiful and the enlarged stadium seems ready.

But there is carefully controlled mayhem behind the scenes. Sparks fly as workers cut, trim and install all measure of things.

Leiweke, who clearly likes building things, says it's a yearlong project that has been squeezed into six months.

"You always wish you had a few more days but we'll be ready," he said confidently. "The progress we made in the last few days is pretty astounding."

> **As nice and as cute and as quaint as it was, now we're real.**
> Tim Leiweke

Spare a thought for the unlucky worker who has to sand every handrail in advance of Sunday.

Leiweke has traded his suit and well-appointed office adjacent to the Air Canada Centre for jeans and a roving role at the construction site. While he speaks highly of the job PCL Construction is doing, he is not averse to playing the heavy to get things done.

Come Sunday, when the Houston Dynamo (2-4-4) visit Toronto FC (3-4-0), Leiweke estimates 10 per cent of the building will still be a work in progress. But fans probably won't notice.

Leiweke's enthusiastic voice-over to a tour of the stadium is punctuated by a nagging cough, no doubt from the dust that is everywhere.

It's one of the final big projects on his beat. Leiweke is slated to leave his job by June 30, 2015. While he enjoyed the Raptors' run this season, the soccer team and its stadium are dear to his heart.

He believes he leaves both on a sound footing.

"This has been the thing that I've loved the most, about my time here, is this project," Leiweke said fondly. "And just changing the vision or what people think about TFC. Not just here, but in the league.

"I'm not sure they get what's about to happen here. I think this changes the dynamics of the league"

He believes the stadium and revenue it will generate will ensure that Toronto will always be able to afford the best designated players available.

Leiweke firmly believes that a superstar like Cristiano Ronaldo who may contemplate coming to Major League Soccer will no longer restrict his destination to New York and/or Los Angeles. Toronto will be a real option.

The stadium renovation is a key part of that.

PHASE 1 OF 2

What $120 million buys

The first iteration of BMO Field was charming in a spartan sort of way. But no amount of lipstick could dress it up, or make it comfortable in a rainstorm.

Today it looks like a proper stadium, as Phase 1 of a $120-million-plus renovation approaches completion. A new upper tier looms large on the East Stand, upping stadium capacity by 8,000-plus to 30,665. A new $3-million scoreboard looms over the north stand.

There are spacious new suites in the East Stand and more premium options everywhere. For the first time, there are kitchens. The pizza will be fresh and the beer cold, promises Leiweke.

Fans can congregate before the game at a new beer garden in the East Stand. Previously food had to be brought in from Ricoh Coliseum.

Phase 2 of the renovations, which will start when the 2015 season ends, will see a roof installed over the east, west and south stands as well as a new sound and lighting system and a hybrid grass surface.

THE CANADIAN PRESS

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NHL PLAYOFFS HABS CRUSH BOLTS TO AVOID SWEEP
The Canadiens' Alexei Emelin grounds the Lightning's Tyler Johnson with a check during Game 4 of the Eastern Conference semifinal on Thursday in Tampa, Fla. The Habs scored the game's first five goals and coasted to a 6-2 win. They now trail the Lightning 3-1 in the series. MIKE CARLSON/GETTY IMAGES

Cole Harbour phenoms unite for Team Canada

HOCKEY

Crosby and MacKinnon hope to lead country to gold

Kristen Lipscombe
Metro | Halifax

Call it the Cole Harbour connection.

For the first time, hometown friends Sidney Crosby and Nathan MacKinnon are playing together on Team Canada at the world hockey championship.

Starting the tournament off on the same forward line, the Nova Scotians have helped lead the red and white to four straight preliminary wins so far at the worlds, which kicked off May 1 and concludes May 17 in Prague.

"I've gotten to know him over the past few summers ... training together, skating together," MacKinnon, 19, said Thursday of the NHL superstar he looked up to growing up in the town known internationally as the "home of Sidney Crosby."

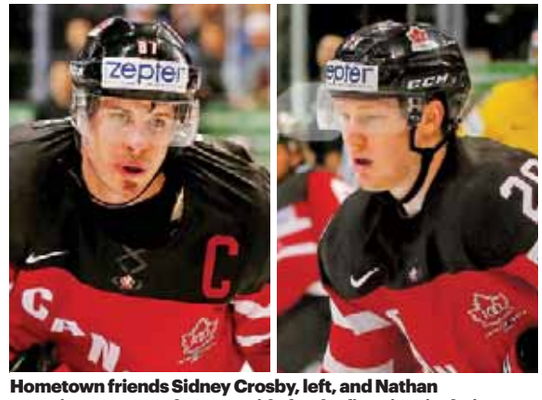
"Playing with him on the team is ... pretty special."

MacKinnon, a hockey sensation in his own right, was selected first overall by the Colorado Avalanche in the 2013 NHL Entry Draft. In his rookie season, he scored 24 goals and assisted on 39 others. As a sophomore, he tallied 14 goals and 24 assists this past season despite being sidelined with a broken foot.

Crosby, 27, was taken first overall in 2005 by the Pittsburgh Penguins, and became the youngest captain ever to win the Stanley Cup when the Penguins topped the Detroit Red Wings in the 2009 final.

MacKinnon, who led the Halifax Mooseheads to their first Memorial Cup, hopes the "chemistry" he's found with the other Cole Harbour kid will help Canada bring home gold.

"It's cool that we're from the area," he said. "We're very proud of where we're from."



Hometown friends Sidney Crosby, left, and Nathan MacKinnon are on the same side for the first time in their careers. GETTY IMAGES

WORLDS UPDATE

Belarus bests U.S.
Belarus beat the United States for the first time at the world hockey championship, winning 5-2 on Thursday.

Belarus tops Group B after four games with 10 points, one ahead of the U.S., Russia and Finland. Slovenia is pointless.

Canada is first in Group A with 11 points, one ahead of Sweden.

THE ASSOCIATED PRESS

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BOXING

Pacquiao 'a sore loser,' Mayweather says

Floyd Mayweather Jr. said in an upcoming interview with Showtime that at this moment he's not interested in a rematch with Manny Pacquiao "because he's a sore loser and he's a coward."

The interview was recorded late Tuesday night and will air Saturday night after the network's replay of boxing's richest fight, which Mayweather won by decision last weekend in Las Vegas to stay undefeated.

Asked if he thought Pacquiao was hampered by the right shoulder injury that later required surgery, Mayweather tells Jim Gray, "Absolutely not."

"Excuses, excuses, excuses," he said later.

"He was fast," Mayweather insists in quotes released Thursday. "His left hand was fast. His right hand was fast and he was throwing them both fast and strong."

> **I lost a lot of respect for him after all of this.**
> Floyd Mayweather Jr.

Using an expletive for emphasis, Mayweather adds that "I'm not going to buy into" it, "and I don't want the public to buy into" it.

"He lost," Mayweather said. "He knows he lost. I lost a lot of respect for him after all of this."

Mayweather acknowledges that he earlier texted ESPN's Stephen A. Smith to say he welcomed a rematch.

"Yeah, but I change my mind," Mayweather said. "At this particular time, no, because he's a sore loser and he's a coward ... If you lost, accept the loss and say, 'Mayweather, you were the better fighter.'"

THE ASSOCIATED PRESS

Floyd Mayweather Jr., right, beat Manny Pacquiao in a unanimous decision on Saturday. JOHN LOCHER/THE ASSOCIATED PRESS

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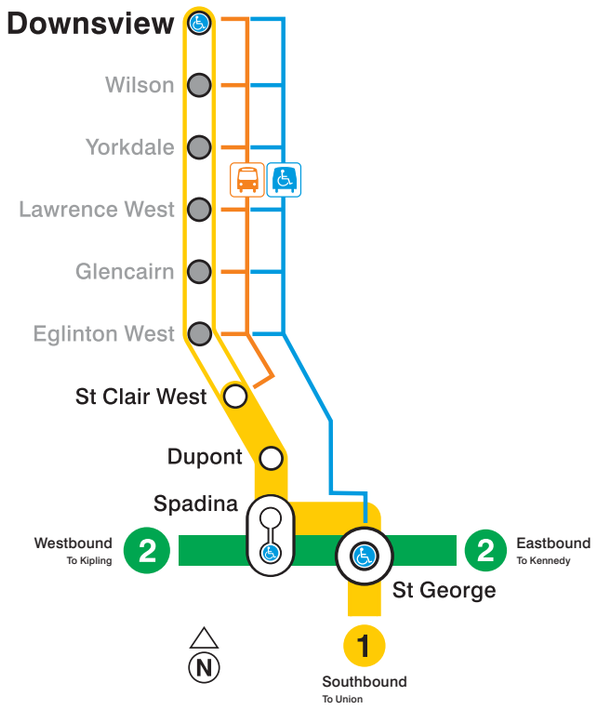

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TORONTO TRANSIT COMMISSION

Argos can't beat him, so they sign him

CFL

Boatmen jump at chance to add receiver Johnson

Kierrie Johnson was an Argo killer last July in Ottawa, hauling in a clutch, over-the-shoulder catch with one minute left to set up the game-winning field goal for the Redblacks.

The 18-17 Argos loss — to an expansion franchise — was not only deflating, but it proved costly in the end-of-season playoff hunt as both Hamilton and Montreal made the playoffs with two more points than the Argos.

When Johnson was released by the Redblacks this off-season, the Argos jumped at the chance to bring him in from enemy lines, signing him to a contract this week.

Johnson looks back at that circus catch and jokes that he needed to make that play because "one slipped through my hands earlier in the game."

Johnson believes he can be a dynamic player with the Argos.

"When I get the ball in my hands, anything can happen," he said.

He played only four games last season for the Redblacks before suffering a broken arm. Before he went down, he was the team's leading receiver with 17 catches for 214 yards.

Against the Argos, he caught six passes for 91 yards.

Kierrie Johnson OTTAWA REDBLACKS

Johnson was let go a day after the Redblacks signed the dynamic Chris Williams last month.

Johnson said he understood the move because Williams and Ottawa QB Henry Burris had played together in Hamilton.

"It's only right that in coming back to the CFL, he played with the same quarterback he left with," Johnson said. "They have great chemistry."

TORSTAR NEWS SERVICE

IN BRIEF

Bulls' Butler named most-improved player

Jimmy Butler of the Chicago Bulls was named the NBA's most-improved player on Thursday after making his first all-star team and averaging a career high in scoring.

The 25-year-old Butler received 92 of 129 first-place votes from a panel of sportswriters and broadcasters. Golden State's Draymond Green of the finished second. THE ASSOCIATED PRESS

Hearn, Matsuyama, Na, Hoffman tied atop Players

Charley Hoffman had eight birdies in a round that showed the TPC Sawgrass can strike at any time.

A triple bogey on his 10th hole turned a great day into a very good one. His 5-under 67 on Thursday gave him a share of the lead at The Players Championship with Hideki Matsuyama, Kevin Na and Brampton native David Hearn.

THE ASSOCIATED PRESS

FIFA head boosts women

SOCCER

President Sepp Blatter campaigning for re-election

Describing himself as a "godfather" to women's soccer at FIFA, Sepp Blatter has acknowledged that its appeal still trails behind the men's game.

Still, the Women's World Cup kicking off June 6 in Canada can be a "market opener," the FIFA president told BBC World Service radio in an interview broadcast Thursday.

Blatter challenged the teams in the expanded 24-nation tournament to help achieve that breakthrough by putting on a high-quality show.

"Women's football must market itself. It's a product and the product must have quality," Blatter told the British state broadcaster. "Now it's up to the ladies in this World Cup to show that it's a great event because the television coverage will be done exactly like the FIFA World Cup."

He recalled that FIFA started focusing on women's soccer in 1988, when he was its top administrator. The first Women's World Cup was played in 1991.

"Women's football is still limping a little bit behind," said the FIFA head, who in 2004 suggested players could wear tighter shorts to help market their game. "Men's football should share with women's football to get new partners for women's football. It is not easy because the market is focused on men's football."

In a rare interview during his campaign to win re-election on May 29, Blatter did not directly address his pursuit of a fifth term in office to extend his 17-year presidential reign.

THE ASSOCIATED PRESS

FIFA president Sepp Blatter at a news conference with players and the coach of of the Swiss national women's team and FIFA head of women's competitions Tatjana Haenni.

FABRICE COFFRINI/AFP/GETTY IMAGES

IN BRIEF

Palestinians renew call for FIFA sanctions of Israel

The Palestinian Football Association has asked FIFA to suspend the Israel Football Association because of travel restrictions on Palestinian players. Israeli officials say the restrictions are security-related, and Israeli soccer officials say the issue is beyond their control.

Tokyo Sexwale, head of the anti-racism sports initiative Global Watch, said Thursday during a visit to the West Bank that "the suffering of the Palestinians has to come to an end." THE ASSOCIATED PRESS

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STORAGE AUCTIONS

ONLINE AUCTION
ALL CANADIAN SELF-STORAGE (416) 203-3331
The following list of names and last known addresses, are people whose goods in storage at All Canadian Self-Storage **1 Laird Dr., Toronto, ON., M4G 3S8** will be put up for online auction on **May 9th, 2015 at 11am** due to non-payment of storage rent. The online auction will be conducted on **ibid4storage.com**

CHARLES ASSAF	464 Worthington Ave, Richmond Hill, ON, L4E 0E5
ROBERT WILSON	416 North Service Rd East - 3rd Floor, Oakville, ON, L6H5R2
ERIC BUCKINGHAM	208 Millwood Rd, Toronto, ON, M4S 1J7
ROSEMARY JAHN	79 Chieftain Cres, Barrie, ON L4N 6J2
SOPHIA GIANNOYLIS	3-21 Brookside Dr, Toronto, ON, M4E 2L9

According to the Lease by and between the customers listed above and All Canadian Self-Storage and its related parties, assigns and affi liates in Order to perfect the Lien on the goods contained in their storage units, the Manager has cut the lock on their Unit(s). Upon a cursory inspection, the units were found to contain: Household goods, Items will be sold or otherwise Disposed of at this site on dates and at approximate times listed by the Addresses above to satisfy owner lien in accordance with the state statues. Terms of the sale are cash only. No checks will be accepted. All goods are sold In "as is" condition. Tax must be paid or resale numbers furnished. Buyers Must provide own lock if needed. Seller reserves the right to overbid. All items Or spaces may not be available on date of sale.

STORAGE AUCTIONS

ONLINE AUCTION
ALL CANADIAN SELF-STORAGE
1399 Kennedy Road Unit 7 Scarborough Ontario M1P 2L6
On Sunday May 10th, 2015,
the following is a list of lockers that are up for auction for non-payment on their accounts.

Audrey Gordon	Nicola Vaughan	Tanya Willock
10 Dora Ave	457 Sackville St	13-7284
Toronto, ON	Toronto, ON	Bellshire Gate
M9N 3P7	M4X 1T3	Mississauga, ON
		L5N 8E3

According to the Lease by and between the customers listed above and All Canadian Self-Storage and its related parties, assigns and affiliates in Order to perfect the Lien on the goods contained in their storage units, the Manager has cut the lock on their Unit(s). UPON A COURSORY INSPECTION THE UNITS WERE FOUND TO CONTAIN: Household goods, Items will be sold or otherwise Disposed of at this site on dates and at approximate times listed by the Addresses above to satisfy owner lien in accordance with the state statues. Terms of the sale are cash only. No checks will be accepted. All goods are sold In "as is" condition. Tax must be paid or resale numbers furnished. Buyers Must provide own lock if needed. Seller reserves the right to overbid. All items Or spaces may not be available on date of sale.

AUCTION
ALL CANADIAN SELF-STORAGE CENTRE
Tuesday 12th May 2015 12:00 Noon
2256 Lakeshore Blvd. W. Etobicoke, ON (416) 201-0101
The following List of names and last known addresses, are people whose goods in storage will be sold on Tuesday 12th of May 2015 from 12:00 PM due to non-payment of storage rent. The Auction will be an online auction through **IBID4STORAGE.COM**

1. PHILIP ACKAOUI 877-209 FORT YORK TORONTO ON. M5V 4A1	**4. MARK BRATHWAITE** 201 CARLAW AVENUE #231 TORONTO ON. M4M 2B3
2. PAULA DE ANDRADE 8 RIDGEVALLEY CRES TORONTO ON. M9A 3J6	**5. DANA RAMADAN** 610-60 SOUTHPORT ST TORONTO ON. M6S 3N4
3. YVONNE MAGWENZI 1 SUMMERVIEW ROAD #801 TORONTO ON. M8V 1R9	**6. O'RUEL LOWE** 10-2865 LAKESHORE BLVD W ETOBICOKE ON. M8V 1H8

According to the Lease by and between the customers listed above And All Canadian Self-Storage and its related parties, assigns and affiliates in Order to perfect the Lien on the goods contained in their storage units, the Manager has cut the lock on their Unit(s). UPON A COURSORY INSPECTION THE UNITS WERE FOUND TO CONTAIN: Household goods, Items will be sold or otherwise Disposed of at this site on dates and at approximate times listed by the Addresses above to satisfy owner lien in accordance with the state statues. Terms of the sale are cash only. No checks will be accepted. All goods are sold In "as is "condition. Tax must be paid or resale numbers furnished. Buyers Must provide own lock if needed. Seller reserves the right to overbid. All items Or spaces may not be available on date of sale.

RECIPE Miniature Hoisin Garlic Burgers

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 10 minutes
Cook time: 10 minutes
Serving size: 5

Ingredients
- 1 lb extra-lean ground beef
- ¼ cup dry bread crumbs
- ¼ cup chopped green onion
- 3 Tbsp chopped cilantro or parsley
- 4 Tbsp hoisin sauce, divided
- 2 tsp minced fresh garlic
- 1 tsp minced fresh ginger
- 1 egg
- 2 Tbsp water
- 1 tsp sesame oil

Directions

1. Heat the barbecue to high and spray with cooking oil, or preheat the oven to 450°F.

2. Combine the beef, bread crumbs, green onion, cilantro or parsley, 2 Tbsp of the hoisin sauce, garlic, ginger and egg in a bowl. Mix thoroughly and form into 10 mini burgers.

3. Whisk the water, remaining 2 Tbsp hoisin sauce and sesame oil together in a small bowl.

4. Brush half of the sauce over the burgers.

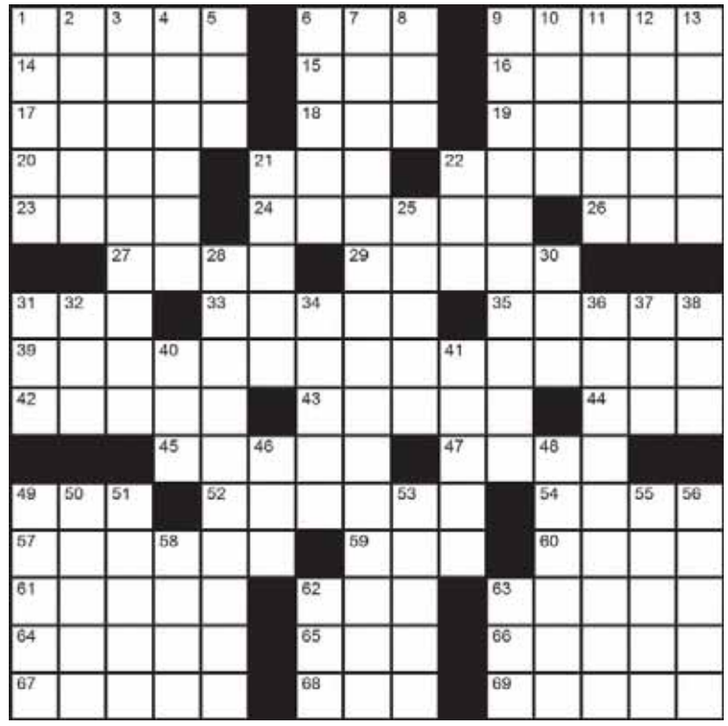
5. Barbecue, or place on a rack on a baking sheet and bake for 10 to 15 minutes (until no longer pink in the centre). Turn the patties once, halfway through, and brush with the remaining sauce. Serve on mini hamburger buns, if desired, and garnish with sautéed onions.

Nutrition per serving (2 mini burgers)
- Calories 264
- Protein 30g
- Carbohydrates 15 g
- Fibre 2.4 g
- Total fat 7 g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "Dancing with the Stars" dance
6. Brand symbols, e.g.
9. Flavour
14. "Easy Livin'" by _ Heep
15. Diving bird
16. Happen again
17. Ancient Scots
18. Edward Snowden related org.
19. Field
20. Uncommon
21. Knowledgeable letters
22. Tea party offerings
23. Buffalo type
24. Surname of Jessica Simpson's first husband
26. Earlier, olde-style
27. Chop _
29. "Mad Men" star Jon, and surnamesakes
31. Li'l life story
33. _ carpeting
35. Zing
39. Wild Roses in Alberta: 2 wds.
42. _ Spruce (Tree in British Columbia)
43. Talent or style
44. Convent dweller
45. Gluck opera: _ ed Euridice
47. "_ Flux" (2005)
49. 'Senor' suffix
52. Chanel No. 5 = Eau de _
54. Pre-stereo
57. _-_ _ _ (Franken-free food label)
59. Some radio stations, e.g.
60. Barenaked Ladies song
61. Dugout boat
62. Battery size
63. Upper crust
64. In the Skin of _ _ (Novel by Canadian author Michael Ondaatje)
65. Crash Test Dummies song, when repeated
66. Montreal subway
67. Snoozed
68. Anne Shirley's prov.
69. Canadian player for the St. Louis Blues, Alexander _

DOWN
1. Prefix meaning 'Above'
2. 'Parliament' suffix
3. Huge techie corporation
4. Boat, in Boucherville
5. Sneeze starters...
6. Ms. Tucker of country
7. Alanis Morissette is its 2015 Canadian inductee: 4 wds.
8. Music style
9. Toronto-born host of "Cityline": 2 wds.
10. _ Space Museum of Calgary
11. Vista
12. Guitar gadget
13. Obliterate
21. "The _ _ _" (1989) starring Eric Stoltz
22. School yr. part
25. _ _ dozen (Bakery order)
28. Ontario: The Niagara _
30. Scatter seed
31. "10" (1979) star Ms. Derek's
32. "_ _ Fell" by The Beatles
34. Canadian journalist Morley
36. _ Heritage Village (Tourist attraction in Steinbach, Manitoba)
37. 'Dear' lady of a Beatles song, briefly
38. QVC rival in The States
40. Dixie Cups song, when doubled
41. Mr. Neeson's
46. _ _ _ Schwarz (New York City toy store)
48. Morning meal
49. Andes people, once
50. _ _ intents and purposes
51. Ms. Lennox
53. Savoury 'fifth taste'
55. Saltpetre
56. Ancient theatre
58. Gwyneth Paltrow's lifestyles website, _.com
62. Roadie's haul
63. Bad _ (German spa resort)

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You will need to be on your guard today as someone you work or do business with seems to think you can be easily misled. Check everything you are told, even if it sounds true.

Taurus April 21 - May 21
Make the most of Mars in your sign to get things done and let the people you live and work with know that you won't be pushed around. You don't have to be aggressive about it but you do have to protect your interests.

Gemini May 22 - June 21
It might be a good idea to take it easy for the next few days, or what passes for easy in the Gemini universe. When Mars moves into your sign early next week there will be no holding you back.

Cancer June 22 - July 23
There seems to be quite a bit of tension in the air at the moment and if you are involved in matters of a joint nature it will pay you to tone down your views and opinions a bit.

Leo July 24 - Aug. 23
What you want to do and what you have to do are likely to be two entirely different things today. But don't let that depress you because you can still enjoy yourself.

Virgo Aug. 24 - Sept. 23
Chances are you will be forced to stay where you are today, even though you would much rather be on the move. That might sound like bad news but the planets indicate it could be a blessing in disguise. Stay home and keep a low profile.

Libra Sept. 24 - Oct. 23
It will pay you to keep your opinions to yourself today, especially on the work front where your know-it-all attitude is unlikely to go down too well. The best way to fall out with powerful people is to make them look stupid.

Scorpio Oct. 24 - Nov. 22
A friend or work colleague will say something you disagree with today but if you are smart you will bite your tongue and pass up the chance to make an issue of it.

Sagittarius Nov. 23 - Dec. 21
Make sure that everything you do has a purpose today. Despite what you may think to the contrary you do not possess unlimited energy, so ration it carefully, especially on the workfront.

Capricorn Dec. 22 - Jan. 20
Say what you have to say as plainly as possible, so there can be no misunderstandings. That is not, however, an excuse to be rude and does not have to be a martial art!

Aquarius Jan. 21 - Feb. 19
You of all people should know that personal feelings should never be allowed to interfere with the facts, and the fact of the matter now is that the person who is giving you so much grief is more foolish than malicious. Don't be too hard on them.

Pisces Feb. 20 - March 20
Why are you worrying so much? Whatever the reason you need to get over it because there is so much you could be doing with your life now. And remember, even negative events can have positive results.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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	6							3
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Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). †Until June 30, 2015, receive 0% APR purchase financing on new 2014 Edge and 2015 Mustang (excluding 50th Anniversary, Shelby GT 350), Flex, Escape, and F-350 to F-550 (Chassis Cabs) models for up to 60 months, and 2015 Focus, Fiesta, Fusion, Taurus, F-250, and F-350 to F-450 (excluding Chassis Cabs) models for up to 72 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0% APR for 36/60/72 months, monthly payment is $694.44/$416.66/$347.22, cost of borrowing is $0 or APR of 0% and total to be repaid is $25,000. Down payment on purchase financing offers may be required based on approved credit from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0% APR for 36/60/72 months, monthly payment is $694.44/$416.66/$347.22, cost of borrowing is $0 or APR of 0% and total to be repaid is $25,000. Down payment on purchase financing offers may be required based on approved credit from Ford Credit. †Until June 30, 2015, lease a new 2015 F-150 (excluding Regular Cab XL 4x2 Value Leader) or Fusion for up to 24 months. 2014/2015 Edge or 2015 Flex for up to 36 months. 2015 Focus, Taurus, or Escape for up to 48 months, and get 0% APR on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease a model with a value of $30,000 at 0% APR for up to 24/36/48 months with an optional buyout of $15,600/$13,200/$10,800 and $0 down or equivalent trade-in, monthly payment is $600.00/$466.67/$400.00, total lease obligation is $14,400.24/$16,800.12/$19,200.00, interest cost of leasing is $0 or 0% APR. Additional payments required for PPSA (RDPRM for Quebec), registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Some conditions and mileage restrictions apply. Excess kilometrage charges are 12¢ per km for Fiesta, Focus, C-MAX, Fusion and Escape; 16¢ per km for E-Series, Mustang, Taurus, Taurus X, Edge, Flex, Explorer, F-Series, MKS, MKX, MKZ, MKT and Transit Connect; 20¢ per km for Expedition and Navigator, plus applicable taxes. Excess kilometrage charges subject to change, see your local dealer for details. ††Until June 30, 2015, lease a new 2015 Ford Focus Sedan SE/Focus Sedan Titanium/Escape SE FWD 2.5L Cargo Package (200A)/Escape Titanium FWD for up to 48 months, and get 0% APR on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease a 2015 Focus Sedan SE/Focus Sedan Titanium/Escape SE FWD 2.5L Cargo Package (200A)/Escape Titanium FWD with a value of $21,344/$22,144/$27,104/$33,254 (after $1,195/$1,195/$1,195/$0 down payment or equivalent trade-in deducted, and including freight and air tax charges of $1,665/$1,665/$1,790/$1,790) at 0% APR for up to 48 months with an optional buyout of $9,067/$11,445/$11,734/$14,317, monthly payment is $215/$286/$280/$380, total lease obligation is $11,515/$14,923/$14,635/$18,240, interest cost of leasing is $0 or 0% APR. Additional payments required for optional features, license, and insurance. All prices are based on Manufacturer's Suggested Retail Price. Some conditions and mileage restrictions of 64,000 km for 48 months apply. Excess kilometrage charges are 12¢ per km for Focus and Escape, plus applicable taxes. Excess kilometrage charges subject to change – see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. *Until June 30, 2015, receive 0.99% APR purchase financing on new 2015 Ford Fusion SE FWD/Fusion Titanium AWD model for up to 84 months, to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: 2015 Fusion SE FWD/Fusion Titanium AWD for $26,099/$34,999 (after $0/$1,195 down payment or equivalent trade-in deducted and including freight and air tax charges of $1,700), purchase financed at 0.99% APR for 84 months, monthly payment is $310/$405 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $143/$187), interest cost of borrowing is $892/$1,165 or APR of 0.99% and total to be repaid is $26,026/$34,034. Down payment may be required based on approved credit from Ford Credit. All purchase finance offers include freight and air tax ($1,700) but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. -Purchase a new 2015 Fusion SE FWD for $26,099. Taxes payable on full amount of purchase price. Offers include freight and air tax ($1,700) but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. **See lease offer legal marked with [**] symbol for monthly payment lease offer details. Comparison payments are for reference purposes only and are calculated as follows: the monthly payment is annualized (multiplied by 12) and then divided by the comparison period (26 for bi-weekly, 52 for weekly and 365 for daily). For example, ($299 x 12) / 26 bi-weekly periods = $138, /52 weeks = $69, /365 days = $9.83. ‡Based on Canadian Vehicle Manufacturers' Association year-end 2007–2014 total sales data for utility segment vehicles in Canada. ^Based on year-end 2014 HIS Inc. retail and fleet vehicle registrations data for Canada in the midsize segment. ^Based on Canadian Vehicle Manufacturers' Association sales data for Ford and Lincoln. ×Program in effect from May 1, 2015 to June 30, 2015 (the "Program Period"). To qualify, customer must recycle their vehicle through a Ford dealership by turning in a 2008 model year or older vehicle that is in running condition (able to start and move and without missing parts) and has been properly registered/plated or insured for the last 3 months (the "Criteria"). Eligible customers will receive $1,000 towards 2014/2015 Edge, Flex and 2015 Fusion, Fusion Hybrid, Fusion Energi, Mustang (excluding 50th Anniversary, Shelby GT 350), Explorer, Escape, Expedition, $2,000 towards 2015 Taurus, Transit Connect, E-Series Cutaway, Transit Van, Transit Wagon, Transit Cutaway, F-150 (excluding XL 4x2), and $2,500 towards 2014 F-150 (excluding Raptor) and 2015 F-250 to F-550 (each an "Eligible Vehicle"). Vehicles of 2014 model year may qualify for the offer depending on available inventory – see dealer for details. Taxes payable before incentive amount is deducted. To qualify: (i) customer must, at the time of the Eligible Vehicle sale, demonstrate to the dealer / provide the dealer with sufficient proof of Criteria and a signed original ownership transferring his/her vehicle to the authorized recycler; and (ii) the Eligible Vehicle must be purchased, leased, or factory-ordered during the Program Period. Limit one (1) incentive per Eligible Vehicle sale, up to a maximum of two (2) separate Eligible Vehicle sales if valid proofs provided that the customer has 2 separate qualifying recycled vehicles. Offer is transferable only to persons domiciled with the owner of the recycled vehicle. ©2015 Sirius Canada Inc. "SiriusXM" the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2015 Ford Motor Company of Canada, Limited. All rights reserved.